

Portland Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society in Portland, Oregon

www.portlandbranch.com

Volume 1.4 April 2005

Biodynamics is the name given to an agricultural method based on the indications of Rudolf Steiner (1861-1925). The Agricultural Course in 1924 was his response to inquiries from farmers and veterinarians in Germany who were concerned about the rapidly deteriorating health and vitality of their plants and animals. Steiner's insights emphasized the need for a healthy living soil (bio-) with a concrete relationship to cosmic (-dynamic) forces. He set forth the principles of a modern, organic agriculture that works with life-regulating processes and subtle catalysts such as trace elements and enzymes. Work with the land, he believed, needed to be both thoroughly practical and grounded in spiritual understanding.

A PRODUCTIVE FARM IN BALANCE WITH THE EARTH, HUMANITY, AND OURSELVES

By Wali Via, Winter Green Farm, Noti, Oregon

One of the classic stories in biodynamic circles occurred when students of Rudolf Steiner approached him to ask why they were having so much difficulty making progress spiritually. Steiner's answer was surprising. He told them it was a matter of nutrition. He perceived that food no longer had the life force to evolve the will in the way that was necessary for optimal spiritual development. It was partially this inquiry that prompted Steiner to give the eight-lecture series that provided the foundation for biodynamic agriculture. The study of biodynamics trains the farmer to perceive and respond in a way that is sensitive to the forces at play in the life of the farm. Indeed, through the use of the biodynamic preparations, as indicated by Steiner, the soil itself becomes more sensitive to the cosmos and this in turn promotes a dynamic environment producing plants and animals filled with vitality. Check out www.oregonbd.org to learn more.

Winter Green Farm has been using the biodynamic preparations since 1985 and is the host of the Oregon Biodynamic Group's preparation making meetings. The farm is nestled in the foothills of the Coast Range of Oregon, 25 miles west of Eugene. The 150 acres that we manage is a diverse mix of annual vegetables, herbs, and flowers;

PORTLAND BRANCH MEMBERS MEETING

The next members' meeting of the Portland Branch of the Anthroposophical Society will take place Sunday, March 20th from 3:00 PM until 5:00 PM at Bothmer Hall. Contact Diane Ramage 503/240-0908.

See the Portland Anthroposophical Society Calendar inside for details on this and other community events.

WINTER GREEN FARM PICKUP SITE LOCATIONS

We invite you to join our Community Farm CSA program and experience biodynamic food first hand. We deliver boxes to several neighborhoods in the Portland area.

Friday Delivery Sites

SW Portland – 4801 SW 38th Pl (off the Beaverton-Hillsdale Hwy)
NE Portland -- TBA*
NW Portland – TBA*
SE Portland – 3290 Harrison St (near Hawthorne Blvd)
SE Portland — SE 28th and SE Knapp (near Reed College)
Milwaukie – 12430 Alchar Dr. (near Sellwood)

Saturday Delivery Sites

NE Portland — Hollywood Market, 44th & Hancock
Tualatin – 22730 SW Eno Pl. (off Boones Ferry Rd)

* We are currently looking for sites in NE and NW Portland. If you are interested in hosting a pick-up site please contact the farm.

Pricing

Standard Season w/delivery (19 weeks, mid-Jun to mid-Oct) \$385
Full Season w/delivery (24 weeks, mid-Jun until Thanksgiving) \$540

You can sign up or learn more about our farm

At our website, www.wintergreenfarm.com.

Give us a call at 866-935-1920

Send us an e-mail at folks@wintergreenfarm.com.

We'd be happy to hear from you.

Biodynamic Spring Meeting & Potluck Supper

Newcomer's are invited to an 11 AM introduction April 30th. The business meeting is at 1 PM, digging for preps at 2 PM and a potluck supper at 5 PM. Dandelions and chamomile – collect all you can and bring to the meeting. Both should be young, fresh blossoms – dandelion with a "bull's eye" of unopened petals in the center. Pick in the morning and dry out of the sun. If you need preps, contact Heike-Marie at least 3 days prior to a meeting at 541/ 572-3317. Contact Deborah at 503/493-7449 or reply email drobison@teleport.com.

perennial berries, fruits, and herbs; pastures, oak groves, and riparian areas. We view our farm as a living organism. (This is a central point in Steiner's Agriculture Course. He states, "Now, a farm comes closest to its own essence when it can be conceived of as a kind of independent individuality, a self-contained entity... A healthy farm would be one that could produce everything it needs from within itself.") Practically speaking, this means that we strive to create a farm ecosystem, where we have the right balance of animals to provide enough manure for the right mix of crops. The vast majority of our fertility is produced on-farm, which we view as one sign of biological balance. The backbone of our fertility program is well-ripened biodynamic compost, green manure crops, careful crop rotation, and pasturage of our grazing stock. The health of our farm is reflected in the quality of our crops.

We feel it is important to connect consumers to the land that sustains them. Our Community Farm - a Community

Supported Agriculture (CSA) program - has been instrumental in achieving this goal. Community Farm Members buy "shares" of our season's harvest and in return receive a weekly box of various veggies, herbs and berries delivered to a variety of neighborhood pick-up sites throughout our 19-24 week season. Farm events for our members, weekly newsletters, and an expanded annual newsletter; help deepen members' relationship to the farm. In 2005, we expect to have 385 Community Farm member families join us for our 14th Community Farm season. We also participate in Portland's Hollywood Farmers' Market as well as a market in Bend.

Our efforts to connect our community with the land aren't limited to producing food for our customers. Through our education program we host many school field trips (public and private), of all age levels each year. Waldorf schools are helping lead the way in helping the next generation have a healthier relationship with the earth and agriculture. We work closely with Waldorf teachers to plan activities that dovetail into the Waldorf experience.

We have developed a close link with our local food bank (Food for Lane County). Through the combined efforts of our labor and donations from the community we provide thousands of pounds of produce to those in need. Some of this food is distributed as memberships in our Community Farm for women and their children who are in the process of healing from abusive relationships. We also provide shares at half-price to at least ten lower-income families each year.

In 2002 Winter Green Farm was honored with the Oregon Tilth "Producer of the Year Award" for our commitment to integrity in biologically sound and socially equitable agriculture.

Jack Gray and Mary Jo Wade started Winter Green Farm in 1980, and were joined in 1985 by Wali and Jabrila Via. We have a dedicated crew, many who have chosen to build their lives around the farm. During the peak of the season there can be as many as 25 people on our payroll.

STAR LIGHT

By Diane Rumage, Portland Oregon

"Devotion becomes strength of sacrifice (Opferkraft)" is the virtue Rudolf Steiner gives for the time from March 21-April 21, when the sun leaves the sign of Pisces (the fish) and enters the sign of Aries, the ram. In the Gospel of St John, chapter 21, translated by Kenneth Wuest, we read how Peter decides (after the Resurrection) to resume his previous profession of fishing, some other disciples joining him that night. At daybreak, Jesus appears on the beach, asks if they have fish to add to their bread, suggests they cast the net on the right side of the boat, and suddenly they have a huge catch after having no success all night. Peter dives into the water, they come ashore and see a fire with fish laid upon it, and bread. Jesus asks them to bring some of their fish. After they eat, "...Jesus says to Simon Peter, Simon, son of Jonas, do you have a love for me called out of your heart by my preciousness to you, a devotional love that impels you to sacrifice yourself for me? Do you consider me more precious and thus love me more than these?...Yes, Lord...you know positively that I have an emotional fondness for you. He says to him, Be feeding my little lambs." Once again Jesus inquires if he has a "devotional love...that impels you to sacrifice yourself for me?...I have a friendly feeling for you...Be shepherding my sheep." A third time he asks Peter, who assures him, and "Jesus says to him, Be feeding my sheep." Jesus then describes how when Peter was young he walked and clothed himself as he wanted, but when he shall become old another will bind him and carry him where he doesn't desire to go, thus indicating Peter's death by crucifixion. Then Jesus says: "Be following with me." We see clearly the image leading from the dark watery zodiacal sign of the fish to the light fiery sign of the Aries ram or sheep. Peter had been called once before from his fishing (Matthew Gospel) and became a disciple. Peter's former task of fishing would not be fruitful any more without the presence of the Lord. Then he sees fish already on the fire, and bread.

IF YOU ARE INTERESTED TO LEARN MORE ABOUT THE PORTLAND BRANCH OF THE ANTHROPOSOPHICAL SOCIETY, PLEASE CALL DIANE RUMAGE AT (503) 240-0908.

THE PORTLAND BRANCH THANKS THE FOLLOWING MEMBERS FOR THEIR GENEROUS DONATIONS!

- | | |
|-----------------------------|----------------|
| Chrystal Godleske | Ruth Klein |
| Jannebeth Röell | John Takacs |
| Angela Sparks | Joan Takacs |
| James Lee | Tige Grinnell |
| Diane Rowley | Don Marquiss |
| Patricia Dair | James Knight |
| Valerie Hope | Jeffrey Levy |
| Marsha Johnson | Kendall Weaver |
| Tom Klein | Diane Rumage |
| Eugene Rudolf Steiner Group | |

The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the community.

Printed copies of the newsletter are available at the Steiner Storehouse, Portland Waldorf School and the Cedarwood Waldorf School. The newsletter and calendar are also posted on the Portland Branch website at www.portlandbranch.com.

Questions, suggestions and submissions may be sent by e-mail to anthroposophy@earthlink.net. Items selected for publication in the Portland Anthroposophic Times may be edited for style, content and length.

- Editor:.....James Lee
 Calendar:Patricia Dair
 Publication:Chrystal Godleske
 Publication:Jannebeth Röell
 Communications:Diane Rumage
 Website:Marsha Johnson
 Hardcopy Printing:.....John Miles

The deadline for submissions to the *Portland Anthroposophic Times* is the first day of each month for the following month's edition. For example, an article or calendar submission for the June newsletter must be received by May 1st.

Peter's devotion to the Lord leads him to sacrifice himself to follow him and feed and tend the Lord's sheep. He becomes a martyr by following Jesus. There are many references in the John Gospel to the sacrificial Lamb of God and the Shepherd who lays down his life for his sheep. There is the Bible story of Abraham sacrificing the ram instead of his son Isaac, and the myth of the golden ram who helps Phrixus escape from death intended by his stepmother, and then is sacrificed by Phrixus as an offering in gratitude to the gods. Simon, bar Jonas (son of Jonas)--Samuel Weiser translates Ionas as the "plastic force of Nature". Part of Steiner's "Twelve Moods" verse for Aries is: "Arise, Oh Shining light, Take hold of growth's being, Lay hold of forces weaving..." Some Aries qualities are idealism, and a sense of the ego--not just our own but another's. There is a devotion to a cause or a person or the Ego of Christ that gives us strength to sacrifice our own ego, a sacrifice that Jesus Christ was our example for during the Mystery of Golgatha. Can we follow Him?

Star events of note: Spring Equinox takes place Sunday March 20, 4:34 AM PST. Easter Sunday occurs 3/27, determined by the first Sunday after the first full moon 3/25, after the spring equinox. Venus superior conjuncts the sun on March 30. Their regular conjunction series forms a pentagram in the sky. It is related historically to the time of Christ when He was speaking of the preparations of the Jews for Christ's coming, of the wise and foolish virgins, and the development of one's talents. (See Matthew, ch. 25) He advised them to be prepared for the coming of the Son of Man. We need to be mindful to develop our capacities, but also not forget what we developed them for, and be ready for the "bridegroom", the "Son of Man" or the "master" when he appears.

ANNUAL GENERAL MEETING - PLANNING

By Angela Sparks, Portland, Oregon

The Annual General Meeting of the Anthroposophical Society in America and its associated conference is scheduled to be held this year in Portland, Oregon October 21st, 22nd, and 23rd. The actual AGM will be on Sunday morning, and a conference on Friday evening and all day Saturday will focus on a theme to be announced. The current working theme being explored by the National Council is: Responsibility and Freedom in the New Mysteries. They have asked Dennis Klocek to speak on Friday evening on "Occult Discernment." Local Eurythmists are preparing a performance for Saturday evening.

HOUSING NEEDED for teacher trainees and other friends of Waldorf Education attending summer courses through the Micha-el Institute. Students usually need housing for about 1 week, sometimes a bit longer. If you have a room you would be willing to make available please contact Cheri Munske and include the following information: does the room have a private or shared bath, is the room to be rented out as a private or shared, whether you have any pets. Thank you! Contact Cheri at 503-772-2632 or woolhorse@mindspring.com.

If local members know of a good speaker on a topic related to the theme or have suggestions, please pass on the information to any of the AGM Committee members listed below.

A committee of the Portland Branch of the Anthroposophical Society is working on the local planning for this event. We were asked to find a venue for the conference; lodging, including hotels and local homes to host visitors (either free or for a fair charge); arrange transportation from the airport to the various lodging places, and from the lodging places to the conference site; and also to arrange for meals together for all conference participants. The National Council said we could expect from 80 to 120 participants at this year's AGM.

If you would like to host/house a visitor, please contact Cheri Munske. Conference participants should expect to take their meals at the conference location. We are looking for a professional caterer to provide meals and snacks. Please contact Valerie Hope if you would like to apply for this position or know of someone who would qualify.

If you would like to volunteer time, energy or other resources in support of this endeavor, please contact one of the AGM Committee members listed below.

We're excited to host this event and to have the opportunity to visit with Anthroposophists from all over the country. Look for monthly updates in the Portland Branch Newsletter.

AGM Portland Committee Contact List:

Valerie Hope: 503-775-0778; valerieannhpdx@aol.com
 Natasha Moss: 503-233-0663; natashalmoss@aol.com
 Chrystal Godleske: 503-816-2440; chryystalcg@comcast.net
 Cheri Munske: 503-772-2632; woolhorse@mindspring.com
 Angela Sparks: 503-772-5202; angela@sparkshome.net

THANK YOU MARSHA JOHNSON
FOR ACQUIRING THE PORTLAND BRANCH WEBSITE
WWW.PORTLANDBRANCH.COM

NEPTUNE AND THE PRESENT TEMPTATIONS IN THE WILDERNESS

By Charles Forster and Chiaki Uchiyama, Portland, Oregon

Over the past two months we have discussed the current positions of Pluto and Uranus in order to begin creating an imaginative picture of the character of the year 2005 in relation to the trans-Saturnian planets -- Pluto, at the stinger of the Scorpion, indicating a death/rebirth crisis, and Uranus, at the position of Rudolf Steiner's natal sun in Aquarius, stimulating the potential of anthroposophy as an awakening light for countering the darkness of the current time. This month we will continue our forming of a picture of the year with a focus on Neptune, the remaining of the three outer planets whose distances from the earth lie beyond the orbit of Saturn.

Astrologically, Neptune is characterized as "the Mystic". It is an impulse toward spiritualization, perfection, union, excarnation; an empathetic permeability, for better or worse, of the Ego structure. It is also the impulse of self-serving illusion. It is victim as well as redeemer. Among the most commonly recognized attributes of this impulse as its influence manifests in the human psyche, are intense idealization and longing -- longing for that which is beyond common earthly experience -- the perfect partner, the perfect job, the perfect persona, house, car, hair, guru, community, spiritual path, the perfect excuse, whatever -- and the unconscious projection of one's soul force into these imaginations to the extent that they become invested with magical numinosity. Anthroposophically, in the positive sense, we can also understand Neptune in relation to the future human faculty of Inspiration -- a capacity for spiritual listening and hearing. Neptune was discovered at approximately the same time as the discovery of electromagnetism, which has led to the development of radio, television, and computer technology, creating caricatures of spiritual hearing and community. The influence of Neptune can be a guide for human consciousness into either the higher spiritual world or into the world of virtual reality. Positively, we can be inspired to authentic spiritual experiences and creative acts of incarnating the intentions of the spiritual world, or negatively, we can be seduced into empty fantasies and endless modes of escapism, resulting in the loss of Self.

Neptune is now at 22 degrees of the constellation of Capricorn, the Goat, or Goat-Fish, which Rudolf Steiner has described as an impulse for the practical "bringing of thought in relation to the world". It will hold close to this particular placement throughout the year. This is the same degree, against the background of the zodiacal constellations, occupied by the as of then yet to be discovered Neptune when Jesus of Nazareth received the Christ spirit through the Baptism, as well as the period of time encompassing the "temptations in the wilderness", prior to the beginning of his healing ministry and performing of miracles. These

astronomical assessments in relation to the life of Christ are based upon the remarkably detailed clairvoyant experiences of Anne Catherine Emmerich, of whom Rudolf Steiner is said to have declared that her visions contained "extraordinarily accurate material".

The Baptism and the three temptations in the wilderness, as archetypal experiences within the processes of individuation and esoteric development, are symbolically applicable to every individual in the current cultural age as we progress along the path of becoming authentic bearers of the Christ impulse. In order to receive the Christ spirit, one must experience, and be able to stand within, the darkness and loneliness of an inner condition of complete isolation, a condition of divorce from the habitual connections through which one is accustomed to being supported in the outer world -- those things with which one has been identified and through which one has been nurtured. One must encounter definitive experiences of the temptations, facilitated by Lucifer and Ahriman; experiences the result of which will determine whether one succumbs to compelling, egoistic illusion and falls down into a subconscious, instinctual desire for power, in one or another of its ingenious guises -- a path of devolution, or whether one is capable of rising to conscious distinction between illusion and truth, and refusing the illusion out of one's relative capacity of free will -- a path of evolution.

The current point in history is a difficult and demanding time in which to live. Astrologically, we can say that the relentless impulse of Pluto is forcibly undermining the viability of established forms within the outer collective, as well as the habitual frames of reference which are sources of egoistic security for the individual; while at the same time Neptune inspires egoistic fantasies through which we justify our responses to these threats to our hobbitish comfort, our certainty, our ideals, our self-importance, our very identity. The current US government's ruthless will to power, its transparent hubris in the undermining of democracy, as well as the national economy, while justifying its actions through presuming and deceptively propagandizing the pursuit of an idiosyncratically idealized, religious mission to make the rest of the world safe for democracy and American capitalism is a tragically dangerous and characteristic example of the shadow aspects of these impulses at work on the collective level. This situation presents an opportunity to which we must be responsible. Equally relentlessly, vigilantly, it is now imperative that each individual, inspired with any will to do so, counter this trend through meeting the analogous challenges which confront us personally, throughout each day, with conscious self examination, and to rise within ourselves, with a spirit affirming promise and potency, like the morning sun on the first day of spring, to an anthroposophically cultivated Imagination of the true human being.

Portland Anthroposophical Society Calendar - April 2005

Ongoing Study Groups

Anthroposophia Studies for Branch Life

Working with the spiritual realm helping our community life. *Call for meeting times to Valerie Hope 503/775-0778.*

Biodynamic Agriculture

In S.E Portland - 2nd & 4th Sundays - 6:30 to 8:00 PM

Focus on biodynamic agriculture with reading, discussion and art. *Call Carrie Jo Caralyus at 503-239-5633.*

Eurythmy

Training offered by Portland Eurythmy on weekends and evenings. *Please contact Natasha Moss at 503/233-0663.*

Karmic Relationships – currently full

Working through Rudolf Steiner's Karmic Relationships Cycle of lectures. *Call James Lee for information 503/249-3804.*

Life Beyond Death – currently full

Reading the collection of Steiner's lectures. *Call Cheri Munske for information 503/772-2632.*

Mystery Dramas

Most Wednesdays at 7 PM. *Please call James Lee at 503/249-3804.*

Special Needs/ Camphill

Fridays, 7 – 8:30 PM Reading from Rudolf Steiner's Education for Special Needs, formerly titled Curative Education. *Call Craig Thom 503/256-1622 for location and directions.*

Waldorf Education and Teacher Training

Lectures and courses conducted throughout the year by the Micha-el Institute. *Contact John Miles at 503/774-4946.*

Upcoming Events

Tu MARCH 15

Reading of the Easter Imagination

1805 SE 33rd Avenue, (503) 449-8624 (REVISED LOCATION) at 7:30 PM

In preparation for Easter there will be a reading of Rudolf Steiner's lecture, *The Easter Imagination (7 October 1923; from the collection, The Four Seasons and the Archangel)* at the home of Kevin and Celia Kane (503) 936-8445. Copies of the book are available at the Steiner Storehouse on SE Division at SE 59th Ave.

We MARCH 16

Deepening of the Easter Imagination

3135 NE 17th Avenue – 7 to 9 PM

Jannebeth Röell will make a presentation on Lucifer and Ahriman from the first Goetheanum's Green Windows. Participants will have the opportunity to work artistically with this theme. The Mystery Drama Group The Mystery Drama Group will support the presentation and provide a sounding of the voices of Lucifer and Ahriman. (503) 249-3804

Fr & Sa MARCH 18 and 19

Spring Equinox Workshop

Vernal Point and Cultural Age in Relation to Our Time (Fri): Crossing the Threshold and Etheric Rebirth (Sat)

Bothmer Hall – Friday lecture 7:00-9:00 PM; Saturday Workshop 9:30 AM – 4:00 PM with a Pot Luck Lunch

Charles Forster and Chiaki Uchiyama will penetrate the spring equinox mystery through an astrosophical perspective, and bring an experiential understanding for a past, present and future picture of human consciousness in order to meet our time. Lecture costs \$10 and workshop \$30, or \$35 for both. *Contact Chiaki at 503/524-4265.*

Fr & Sa MARCH 18 and 19

Swallowtail School Auction Fundraiser

Glenn & Viola Walters Cultural Arts Center located at 527 E. Main Street, Hillsboro. – 5 to 9 PM

A fun adult evening out to support the Swallowtail School, a Waldorf inspired school in Hillsboro. Live Traditional Celtic and Folk Music brought to you by Bryan Owens and Karen Donaldson and Friends. Complimentary Hors D'oeuvres with fine wine hosted by local organic grower, Cooper Mountain Vineyards. Wonderful items, many handmade, will be raffled off. Tickets for the Auction, "Inspired by our Past, Honoring our Folk art Traditions" are \$10 and can be purchased at the door or by calling 503-846-0336 (This event is not intended for children under 13 years of age) www.swallowtailschool.org

Su MARCH 20***Branch Meeting with Potluck Tea & Treats***

Bothmer Hall – 3 to 5 PM

A community-wide gathering of [Anthroposophical Society members and friends](#). Contact Diane Rumage 503/240-0908**Su MARCH 27*****Easter Offering Service***

Bothmer Hall, 5915 SE Division St. (503) 772-2632

9:30 for Adults Service – for Adults and and Older Youth ; 10:30 AM Children's Service

Two Offering Services will be held on Easter Sunday – for Adults and Grade Ten or older at 9:30 AM; and for grade school age children only at 10:30 AM. These are the services given to Waldorf Schools by Rudolf Steiner.

Th APRIL 7***The Golden Age of Childhood***

PWS Music Room – 7 to 9 PM

A lecture by [John Miles](#) of the Micha-el Institute on grades 4, 5 & 6 in the Waldorf Curriculum.

Please contact the Micha-el Institute at 503/774-4946.

Fr APRIL 8***SpaceBall, a Spacial Dynamics' Game*****PWS - 3:30 PM**

Call James Knight (503) 721-1570 for further information and future dates.

WHAT IS SPACEBALL?

Every human being has around him an embodied space that we in our culture call our personal space. For most of us this personal space extends out from us approximately three feet. In this team ball game, the personal space is respected and enforced as a space violation through the rules of the game. It is a really fun game for people of all ages from 10 on up. It works well with mixed ages, genders and sizes. The game is easy to learn and play and yet presents plenty of challenge to those who need it. We welcome all to come and play with us. It is a great aerobic exercise. The next game is scheduled for Friday, April 8th at Portland Waldorf School Gymnasium, 3:30 PM.

Call James Knight for information at (503) 721-1570.

Fr APRIL 8***Send the High School Eurythmy Troupe to Tour in Europe Fundraising Dinner***

PWS Main Building – 5:30 to 8 PM Raise your fork to raise funds! Contact PWS at 503/654-2200 to reserve.

Sa APRIL 9***In a Spring Garden Benefit Auction for PWS***

Multnomah Athletic Club – Evening

Come for grand time feting and favoring Portland Waldorf School. Call PWS 503/654-2200 for more details.

Su APRIL 10***First Class of the School of Spiritual Science***

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp

For First Class members, contact [Jannebeth Röell](#) 503/249-3804.**Th APRIL 14*****The Middle School Years***

PWS Music Room – 7 to 9 PM

A lecture by [John Miles](#) of the Micha-el Institute on grades 6, 7 & 8 in the Waldorf Curriculum.

Please contact the Micha-el Institute at 503/774-4946.

Fr & Sa - APRIL 15 & 16***Steiner's Reference to Michelangelo in Relation to the Grail – Lecture & Eurythmy***

Bothmer Hall – Friday Lecture at 7 PM; Saturday Eurythmy from 9 AM to 12:30, Lunch and Lecture from 12:30 to 3:30 PM

Into a viewing of Michelangelo's sculpture, British anthroposophist [David Lowe](#) will weave Rudolf Steiner's teachings in the lecture series entitled "Christ and the Spiritual World: The Search for the Holy Grail" (GA 149) because Steiner was led to a deeper understanding of the Grail when he saw Michelangelo's Pieta in St. Peter's. Eurythmist [Christina Beck](#) will lead an exploration of the theme of the sibyls' and the prophets' parts in world evolution, bringing it to a living, visible soul experience in eurythmy movement. The Saturday morning eurythmy will form a whole along with the Friday and Saturday talks. It can also be experienced on its own as a eurythmy workshop for beginners and for those with eurythmy experience. The suggested contribution is \$10 for each lecture, \$35 for

the eurythmy session, and \$45 for the entire program with lunch. Please contact Natasha Moss at 503/233-0663 or portlandeurythmy@aol.com. Early registration is welcomed.

Fr, Sa, Su - APRIL 15, 16 & 17

Portland Waldorf High School Eurythmy Troupe Performance

PWS – See times below

The Great Peace, a Native American tale, will be performed on April 14, 15 & 16 at 7 PM. **The Three Sillies**, an English fairy tale, will be performed at 11 AM on April 16. Please call for more information at 503/654-2200.

Sa - APRIL 16

Eurythmy Workshop with Christina Beck

Bothmer Hall – Saturday Eurythmy from 9 AM to 12:30

Eurythmist **Christina Beck** will lead an exploration of the theme of the sibyls' and the prophets' parts in world evolution, deepening and hopefully bringing it to a living, visible soul experience in eurythmy movement See description above for 4/15: Steiner's Reference to Michelangelo for more information. Suggested contribution: \$35. Please contact Natasha Moss at 503/233-0663 or portlandeurythmy@aol.com

Su APRIL 17

Branch Meeting

Bothmer Hall – 3 to 5 PM

A community-wide gathering of **Anthroposophical Society members and friends**. Contact Diane Rumage 503/240-0908

Th APRIL 28

Experiencing Art in the Waldorf School

PWS Classroom – 7 to 9 PM

A presentation/practicum on **Form Drawing** in the Waldorf Curriculum, offered by **John Miles** of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.

Sa APRIL 30

Biodynamic Spring Meeting & Potluck Supper

Wintergreen Farm, Noti, OR 503/935-7676 - 10:30 AM to 5 PM

Newcomer's are invited to an 11 AM introduction. The business meeting is at 1 PM, digging for preps at 2 PM and a potluck supper at 5 PM. Dandelions and chamomile – collect all you can and bring to the meeting. Both should be young, fresh blossoms – dandelion with a “bull's eye” of unopened petals in the center. Pick in the morning and dry out of the sun. If you need preps, contact Heike-Marie at least 3 days prior to a meeting at 541/ 572-3317. Contact Deborah at 503/493-7449 or reply email drobison@teleport.com.

Th MAY 5

Experiencing Block Crayon Drawing in the Waldorf School

PWS Classroom – 7 to 9 PM

A presentation/practicum on art in the Waldorf Curriculum, offered by **John Miles** of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.

Su MAY 8

First Class of the School of Spiritual Science

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp

For First Class members, contact Jannebeth Röell 503/249-3804.

Th MAY 12

Experiencing Wet-on-Wet Painting in the Waldorf School

PWS Classroom – 7 to 9 PM

A presentation/practicum on art in the Waldorf Curriculum, offered by **John Miles** of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.

Sa MAY 14

Cedarwood School Open House

3030 SW 2nd Avenue – 10 AM to Noon PM

All are invited for a look into the classrooms and programs of our Waldorf-inspired school. Contact 503/245-1477 for details.

Su MAY 15

Branch Meeting

Bothmer Hall – 3 to 5 PM

A community-wide gathering of **Anthroposophical Society members and friends**. Contact Diane Rumage 503/240-0908

Th MAY 19***Experiencing Freehand Geometry in the Waldorf School***

PWS Classroom – 7 to 9 PM

A presentation/practicum on art in the Waldorf Curriculum, offered by [John Miles](#) of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.

Sa MAY 21***Cedarwood School Silent Auction***3030 SW 2nd Avenue

Contact 503/245-1477 for details.

Su JUNE 12***First Class of the School of Spiritual Science***

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp For First Class members.

Please contact Jannebeth Röell 503/249-3804.

Mo JUNE 13 – 16***Home-schooling Conference***

PWS – Times TBA

Offered by [John Miles](#) of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.**Su JUNE 19 - 30*****Early Childhood Intensive Conference***

PWS – Times TBA

Offered by [John Miles](#) of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.**JULY 3 – 22*****Teacher Deepening Conferences***

PWS – Times TBA

A series of intensive workshops for Waldorf School teachers on grades 1 through 8, offered by John Miles of the Micha-el Institute. Please contact the Micha-el Institute at 503/774-4946.

JULY 17 – 23 and 27***Summer Eurythmy Intensive*****Portland**

Join a weeklong exploration of the art of movement with Portland Eurythmy. The program will bring experienced eurythmists together with newcomers, to culminate in a performance on July 27. Contact Natasha Moss at 503/233-0663 for information.

JULY 24 – 28***Reincarnation and Karma***

In Portland

A seminar offered by the Micha-el Institute with special guest lecturer [Christof Wiechert](#), the head of the Pedagogical Section of the Goetheanum. To learn more, contact John Miles at 503/774-4946.

Look for more information, and save the dates:

AUGUST 9 - 12***Eurythmy Workshop with Michael Leber*****Portland**

Renowned eurythmist [Michael Leber](#) of the Else-Klink-Ensemble, Stuttgart, leads a Portland Eurythmy summer intensive that is open to those with prior eurythmy experience. Contact Natasha Moss at 503/233-0663 for information.

Tu SEPT 20***Eurythmy Performance of Antonin Dvorak's New World Symphony***

Portland

Contact Don Marquiss for more information 503/233-0663

Fr-Su OCTOBER 21 – 23***General Anthroposophical Society Meeting***

Portland

The AGM comes to Portland! There will be many conversations and workshops to attend, and much for our branch to do to support this important gathering. Look to the newsletter for updates on the AGM. For more information, contact Valerie Hope 503/775-0778.



Michelangelo Through His Works & Through Eurythmy

With British Art Historian David Lowe
And Eurythmist Christina Beck

April 15 & 16 – Bothmer Hall

Friday, April 15 at 7 PM *Lecture with Slides & Eurythmy*

One of the earliest and most famous of Michelangelo's Pieta sculptures gave Rudolf Steiner an insight into the Grail Mystery. Through the deepening of our understanding of the Grail which Steiner and other anthroposophical writers such as Walter J. Stein have bequeathed us, we can see Michelangelo as deeply connected with the Grail impulse. David will survey **Michelangelo's life through his sculpture**, weaving into his presentation Steiner's teachings from the lecture series, Christ and the Spiritual World: the Search for the Holy Grail and show slides of his *David, the Slaves* and other works.

Saturday, April 16 from 9 AM to 12:30 PM *Eurythmy*

Novalis Eurythmy founder Christina Beck will offer **eurythmy movement** sessions to explore and deepen the themes brought by David Lowe. Join us for a potluck lunch & conversation from 12:30 to 2 PM!

Saturday, April 16 from 2 to 3:30 PM *Lecture with Slides*

In this presentation, we shall consider Michelangelo's most famous achievement, **the Paintings of the Sistine Chapel**. We shall look in detail at Michelangelo's contrasting figures of the Sibyls and the Prophets to consider their meaning within the whole scheme.

... a rich weekend. We are thankful to David Lowe and Christina Beck for this opportunity to view and contemplate extended sequences of Michelangelo's art and to deepen that experience with carefully guided eurythmic movement. This workshop provided a rare opportunity both to absorb great art and to strengthen our will.

– Catherine Read on the Washington talks

We hope you will be able to join us for all or for a part of this inspiring look into the exquisite art of Michelangelo, the community conversation and eurythmy experience. The suggested contribution is \$10 per lecture, \$35 for the eurythmy program, or \$45 for the entire program. Early registration is welcomed. Please contact Patricia Dair 503.236.2205 or Natasha Moss 503.233.0663 PortlandEurythmy@aol.com to learn more.

SUMMER CONFERENCE SPONSORED BY THE ANTHROPOSOPHICAL SOCIETY IN AMERICA

AUGUST 11—14, 2005

How do I awaken to the Spirit in myself? How do I awaken to the Sprit in the world? How do I awaken to the experience of becoming a true human being? These vital questions are the focus of “*Being Awake*”, a conference on inner life scheduled for August 11 – 14, 2005, in Ann Arbor, Michigan. The conference is sponsored by the Anthroposophical Society in America, in close collaboration with the Anthroposophical Society in Canada, the General Anthroposophical Society, and the School of Spiritual Science.

Members and friends of the Society are invited to join us as we explore questions about our inner life, our relation to the outer world, and the full scope of our human tasks on earth. We will gather to experience insightful speakers, invigorating conversations, participatory workshops, and premiere performances. All six members of the Executive Council of the Goetheanum will be contributing along with six speakers from North America – the General Secretaries of the United States and Canada, plus Gary Lamb, Betty Staley and former General Secretary of the American Society, Arthur Zajonc. All will share with us their insights and questions gathered from a lifetime of working with the principles and indications of Rudolf Steiner and anthroposophy.

A rich tapestry of the arts and artistic workshops will weave throughout the conference, including choral speech and singing. In addition to our speakers, workshop presenters include Bert Chase, architecture; Antje Ghaznavi, eurythmy; Michael Howard, visual arts; Helen Lubin, speech; and Denis Schneider, creative writing. On Friday night, Glen Williamson and Laurie Portocarrero,

actors and storytellers, will premiere a new piece based on Goethe's fairy tale, *The Green Snake and the Beautiful Lily*. Saturday night we will share the premiere symphonic eurythmy performance of Dvorak's *New World Symphony* with an international eurythmy ensemble and the Ann Arbor Symphony Orchestra. This will be the first opportunity to experience symphonic eurythmy on the North American continent in over twenty years.

Time and space has been set aside each day for gatherings of those who wish to network and develop further themes and questions arising out of mutual experiences and life work. An art exhibit, featuring members of the Visual Arts Section, is planned, and vendors from across North America have been invited to participate in the vendor fair.

To encourage family participation, child care will be provided. Separate programs will be offered for kindergarteners, children age seven – twelve, and teens. A travel fund has been established for those members in good standing who may need support in order to attend the conference. There is also assistance for members who are disabled, as well as work study opportunities. Programs are on a first come, first served basis. Contact the Society's offices for details.

Brochures will be mailed by the end of March. To register online, visit the Society's website at www.anthroposophy.org. For more information, visit our website or contact the Society's offices at:

Tel. 734-662-9355

Fax. 734-662-1727

Email; conference2005@anthroposophy.org

—Marian Leon, for the Planning Committee

Planning Committee members: Joan Almon, Linda Connell, Michael Howard, Marian Leon, Penny Roberts, Philip Thatcher, and Jean Yeager.