

Portland Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society in Portland, Oregon

www.portlandbranch.com

Volume 5.4 April 2009

SAWUBONA!

By Hilary Hart, Whidbey Island, WA

An African greeting helps youth in Watts - Can it help all of us?



When Orland Bishop says, "I see you," he's really saying much more than that. Behind the Zulu greeting, sawubona, literally translated as "we see you," there's a wisdom Bishop is sharing with disenfranchised youth in LA, and it might be what we all need to guide our world into a healthier future.

"Seeing you is a dialog," explains Bishop, a mentor and community leader from Watts. "It is an invitation to give each other what's needed to enhance life. It asks, "Why are we meeting now?" "What has this moment of time given us to do?"

Born in Guyana - a country populated in part by former slaves - Bishop's family moved to LA when he was a teenager. He studied African spiritual literature in his early twenties, and later travelled to Africa for spiritual training.

"The 'seeing' of Sawubona is almost the same as 'evoking'. It's a call to awareness." Bishop tells me. Sawubona is also a "recalling" of the deepest destiny of the people who are meeting, as well as the destiny of all that is included in that meeting - the land, the country, spirit guides, and the time in which the meeting takes place.

"And the response is Yabo, 'Yes, we see you,'" continues Bishop. "Because seeing is a dialog - this Yes is an acknowledgement and recognition that the seeing is a mutual gift from one human being to another so we can be in relationship for a greater task."

Something important to tell you: Shade Tree Multicultural Foundation, Bishop's non-profit based in Watts, facilitates sawubona through formal meetings that bring people together in support of their deepest potential. They call these meetings, Indaba.

"Indaba is a process through which we convey a message, and awaken the person's capacity to internalize and cognize their destiny. Indaba is a Zulu word meaning, literally, 'I have something important to tell you.'" Bishop himself mentors somewhere between twenty and thirty individuals - talking to ten or fifteen on a weekly basis - some daily if they are struggling with any number of crises from having just had a baby, needing a treatment program, getting arrested, or finding jobs.

Shade Tree organizes weekly meetings across LA, and helps organize annual retreats for young men. Indaba offers youth community, which immediately takes away one of the needs that drives them to join gangs. "Statistically, only 2 percent of those in gangs are violent," says Bishop. "The majority are in it for connectedness. When we work with gang intervention - its not to take people out of relationship with each other. This structure could serve a higher purpose if youth become more self-conscious."

IT'S TIME TO DONATE TO THE PORTLAND BRANCH

Friends of Anthroposophy in Portland, it is time to send in your annual contributions to the Branch. Your donations allow the Portland Branch to send you its monthly newsletter and to put on interesting programs throughout the year. The typical donation is \$30 and every donation makes a difference!

Please submit your donations to the Portland Branch c/o Ruth Klein at 3609 SE Center, Portland, OR 97202.

“Our intention is not to correct the mistakes of youths at risk,” he continues. “That happens...but the aim is to support the person becoming self-aware. We strengthen their capacity to feel the destiny within them, rather than respond to the fatalistic draw of impulses that do not support their development.”

But it’s not easy for Bishop – and it shouldn’t be easy for any of us – that when young people begin to wake up to their deeper purpose in life there are still so few social systems in place to support them.

“They find their sense of purpose – that’s their responsibility,” says Bishop. “But whether the culture can give them meaningful work and ways they can fulfill their purpose – that’s another question.”

Our society’s failure is not just limited to the young people in Watts. We’ve all failed to understand our deepest human nature and our responsibilities to life. This is the call from behind our recent economic collapse, says Bishop. “When people pursue self-interest to the degree we have seen – it divides everything to such finite levels that there’s no sense of wholeness. There is a loss of collective purpose in light of collective self interest.”

“We have failed to provide the developmental support for what this generation needs,” he continues. “We created a working world in which they produced toxicity for the planet. Now, the very things we have created for our work have led to the collapse of systems - including the natural world, our economic system, economies of other countries, and our individual development.”

The solution? Sawubona, which calls forth the best of us all: “Our generation holds a tremendous capacity for philanthropy – which means to love the future.” Bishop says. “And the present global crisis is putting us in touch with that capacity more directly – global warming requires us to love things that are not tangible – like nature and the spirit of the earth.”

Orland Bishop will be bringing this wisdom in person to cities on the West Coast as a special guest speaker in an event sponsored by the Global Oneness Project called – *The New Narrative: Local Voices for a Global Future*. This free, multi-media event is coming to Eugene and Portland on May 7th and 8th. The local community is invited to participate in a pre-event reception, film screening and café-style conversations to exchange ideas, foster relationships, and strengthen the changes already taking place in the community. For additional information and details by e-mail contact: events@globalonenessproject.org or visit the website: www.globalonenessproject.org or call 877-539-3456 (Film).

THINKING OF THE HEART AS AN ORGAN OF PERCEPTION FOR DEVELOPMENT AND METAMORPHOSIS
THEME OF THE YEAR 2009 / 2010

By Johannes Kühl for the Collegium of the School of Spiritual Science in Dornach, Switzerland.

The theme of evolution is present everywhere this year. The occasion is the commemoration of the anniversary of Charles Darwin’s book *The Origin of Species* and his birthday 200 years ago. To begin with, we associate Darwinism in an anthroposophical context with the

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THE PORTLAND BRANCH THANKS THE FOLLOWING MEMBERS AND FRIENDS FOR THEIR GENEROUS DONATIONS IN 2009!

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The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the wider anthroposophical community. Printed copies of the newsletter are available at the Steiner Storehouse, Portland Waldorf School, Cedarwood Waldorf School, Shining Star and Swallowtail School. The newsletter and calendar are also posted on the Portland Branch website at www.portlandbranch.com.

Questions, suggestions and submissions may be sent by e-mail to anthroposophy@earthlink.net. Items selected for publication in the Portland Anthroposophic Times may be edited for style, content and length. The deadline for submissions to the *Portland Anthroposophic Times* is the first day of each month for publication in that month’s edition. Submit calendar items to branchcalendar@mindspring.com no later than the first of each month for publication in the next edition.

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frightening battle of existence and a materialistic world view. Conversely, his insight into natural evolution was to Rudolf Steiner one of the three conditions for the appearance of modern spiritual science (Notes for Eduard Schuré, Sept 1907 from the so called "Barr document", GA 262 - Rudolf Steiner and Marie Steiner-von Sivers: Correspondence and Documents 1901-1925). Further, Rudolf Steiner speaks in his lecture of 1913 about "a deeper understanding of Christianity that lies in Darwinism" and that "in our time the Darwinistic impulses are born out of the Christ impulse" (GA 148, *The Fifth Gospel*). We would like to take this anniversary as an opportunity to propose a deepening of the theme of evolution. In addition, we want to advance the idea that the many controversial thoughts regarding this theme living in our culture today can be complemented by Anthroposophy.

There is hardly a subject in Anthroposophy that does not include the theme of evolution, from the development towards a free human being in the great presentation about the evolution of man and the world to Rudolf Steiner's last great work, the founding of the Free School of Spiritual Science. Ultimately it is all about evolution and self development, one cannot exist without the other! For that reason it is noteworthy that the modern idea of evolution only came about in the late 18th century through Johann Gottfried Herder, Johann Wolfgang Goethe and others.

Before this time the word evolution was understood as the unfolding of something that was already there, in other words, predestined in the original sense of the word. Now it is about a striving to become different, the achievement of something new that was not already there. This is the reason why Goethe avoided the old word as much as possible. This new concept of evolution is the one that Darwin picked up on to understand how new species come about in the earth evolution. The thought of evolution taken in this way certainly belongs to the great achievements of post Christian times.

In recent years the themes of the year were connected with the thinking of the heart. When you try to observe how you take in and think about evolution or metamorphosis, you can discover that much of what Rudolf Steiner describes about the thinking of the heart (March 30, 1910, GA 119, *Macrocosm and Microcosm*) relates to it. Thinking about evolution is not a logical cause and effect but a sculptural participation that ends with insight into the relationships under consideration. You can experience this in a simple sequence of leaves. In this way we are able to connect with the larger

question of evolution. We mention two more questions here.

If you have an encompassing view of evolution everything can become different, and we know well that Rudolf Steiner also describes the evolution of spiritual beings. This means that nothing remains the same. Then again one can only speak of evolution when something remains the same, identical with itself. How could one otherwise recognize in the new phase that which is evolving? How could one otherwise speak in the Saturn state about the germs of human beings. Rudolf Steiner discusses this question from various points of view in the lectures Evolution, Involution and Creation from Nothing, June 17 1909, GA 107 (*Spiritual-Scientific Knowledge of the Human Being*) and in the lecture Polarity of Duration and Evolution, September 15, 1918, GA 184 - *The Polarities of Duration and Development in the Life of the Human Being. The Cosmic Pre-History of Humanity*.

A completely different aspect opens up when you look to Darwin for the origin of the thought struggle of existence. Darwin describes how the social scientist [Thomas] Maltus inspired him with that thought. Maltus had observed in the early 19th century something similar in the capitalistic English industrial society. Thus the thought was not derived from nature but from human behavior. And later, in the 20th century, the thought was reversed to justify the worst human behavior in the sense that it was only natural that the fittest would survive. You also find a connection between social science and natural science with Rudolf Steiner, but reversed: that from the natural sciences we learn and practice new ways of thinking which can lead to formative ideas that are fruitful in the social realm. Rudolf Steiner talks about this connection in the opening cycle in the First Goetheanum: *Boundaries of Natural Science*, GA 322.

With all that has been said here, a theme clearly comes to light that penetrates the whole of anthroposophy regarding the concept of evolution. The future of evolution depends on how human beings give it form out of freedom! This thought about evolution is worthwhile when it finds entrance into our present culture.

DISCOVERING OUR FUTURE YOUTH AND KARMA IN THE 21ST CENTURY

Come and meet our community of youth and help us create meaningful experiences. In a new initiative, youth in Denver, Colorado are planning a conference with that hope in mind: to bring young people together to share

space, time and open dialogue; to congregate and build community.

The inspiration for this conference, "Discovering our Future: Youth and Karma in the 21st Century," came about after a brief visit to Dornach, Switzerland for the February Days Conference. I came away with a feeling of new life and hope bubbling within me. There was a sense of appreciation and community that I had never experienced with other youth before.

In the last few months in Denver, young people have been coming together and finding the same excitement of sharing and inspiration. Out of a newly formed youth study group came the idea for a conference, with themes like karma and biography. Many of us expressed uncertainty about the future and seeking our paths in life, and from this uncertainty a number of questions began to surface.

What is karma? Is it an over-riding and inescapable force in our lives? What role does karma play in the lives of youth?

It is with these and other questions in mind that youth and community members in Denver are preparing for the conference. We are excited to offer and participate in a gathering for interested youth - a chance to explore ideas and form new connections with one another. We would love to have you join us! June 12, 13 and 14, 2009 Denver, Colorado. For more information, please contact Bridget Blanning at bmbanning@hotmail.com or (303) 902-1326.

FOUNDATION STONE EURYTHMY IN PORTLAND

By Marke Levine, Santa Rosa, CA

The world of eurythmists and speakers is fortunate in having been given a legacy of specific forms for texts and music created by Rudolf Steiner. These go from Bach, Beethoven through Goethe, Shakespeare and many, many others. I have found that most Eurythmists hold in special reverence the forms given for the *Calendar of the Soul*. Each is a world of discovery that only grows in value over time. The same is true but even more so with the forms for the Foundation Stone Meditation. Having lived in Europe for 16 years we took being able to see the Foundation Stone in Eurythmy as a normal part of Anthroposophical Culture. This has not been true in North America unless you happen to be in Spring Valley or at a conference in which it was presented. I know Eurythmists who have never seen it presented.

It is with this in mind and the potential for the Foundation Stone Meditation as a refounding of the Mysteries in our time that I undertook through the Council of Anthroposophic Organizations (CAO) to try and make this particular work more accessible for our communities. It has taken 3 years of preparation to come to this next phase of this work. We have had workshops across the continent with Eurythmists who have been presenting the Foundation Stone for the past 25 years. Groups of Eurythmists now exist in different parts of the country who have undertaken to prepare the Foundation Stone in their local community. It takes 12 Eurythmists to present the entire work. The first 3 panels by one group of 6, the 4th panel a different group of 6. In order to accomplish this a group of Eurythmists have been working in the San Francisco Bay area on the first 3 panels, having done the 4th panel in previous years and the Group in Portland are preparing the 4th Panel. Mollie Amis has been coming to work with us for the past 2 years.

The preparation of a purely artistic piece, while similar in our art form, is not sufficient with this particular work. Here we must not only accomplish facility with the forms and gestures but a living relationship to the inner qualities that belong to each panel to the best of our abilities. It is the inner side of this preparation that makes this such a slow process. We will offer the entire Foundation Stone with form, gesture, colors, and lighting all from indications by Rudolf Steiner.

Our presentation in June at the AWSNA conference in Portland is a statement in time of how far we have come presenting a work of such depth and magnitude. When talking with those who have worked on this piece for decades the conversation usually moves towards what is still being learned and understood.

Our hope is that for the audience, the experiencing of the Foundation Stone Meditation through art will further fructify the striving of those who continue on the Anthroposophical path.

Public Attendance Schedule - AWSNA Conference

June 23 -- 7:00 p.m. Eurythmy and Opening lecture -- \$15
June 24, 25, 26 - 8:30 to 12:30 - lecture, snack and discussion -- \$25 (lecture only \$15)

June 27 - 8:30 to 10:00 a.m. - lecture and Eurythmy (\$15)

Lectures are by Virginia Sease.

For more information see the newsletter calendar or go to check out www.whywaldorfworks.org and go to events button to see the whole schedule.

Portland Anthroposophical Society Calendar - April 2009

Ongoing Events and Study Groups

Anthroposophical Medicine Study Group

Once a month Monday (after the second Sunday) at the Takacs Clinic 7-8:30 PM. John Takacs at johntakacsdo@hotmail.com or Kevin Kane at drkev@involved.com.

Eurythmy

Eurythmy with Laura Radefeld every Thursday morning that school is in session at the PWS Orchard Room @ 8:30 AM. Donations accepted to cover cost of piano accompanist. For more info call 503-654-4362 or contact by e-mail at laura.radefeld@gmail.com.

Karma Exercises and Study

The study group has just completed its multi-year work with the entire *Karmic Relationships* lecture cycle, and is now starting to work with Rudolf Steiner's karma exercises on the first and third Thursday of each month. Call James Lee for information 503 249-3804 or e-mail him at anthroposophy@earthlink.net.

Meditation and Practical Spiritual Science

The second and fourth Thursday 6:30 PM at 9510 SW View Point Terrace, Portland OR 97219. If available, eurythmy or house shoes would be appreciated! Contact Siegwand Elsas or Yumiko Abe. For questions or directions call (503) 244-2277. If possible, please RSVP Siegwand Elsas by email at elsas@ohsu.edu.

Mystery Dramas, with Speech-Formation Exercises

On the second and fourth Wednesdays each month, 7:30 - 9:00 PM, in SW Portland. Currently working with Rudolf Steiner's *Portal of Initiation* and the *Genesis* lectures. No acting experience necessary, just a love of the Word. Contact Diane Ramage by e-mail at drumage@earthlink.net or by phone at 360 241-7854 for information.

Mystery Knowledge and Mystery Centers

Meeting once a month on the fourth Thursday at 7 PM at Bothmer Hall. Contact Joan Takacs by e-mail at joantakacs@yahoo.com.

Occult Science

First and third Tuesdays from 7:30 - 9:00 PM at 3046 NE 33rd Avenue, Portland, OR 97212. Contact Donna Patterson and Bob Kellum at 503-331-7393.

Portland Waldorf School Community Choir

Every Monday morning from 8:45 - 10:00 AM am (at the Portland Waldorf School, 2300 SE Harrison Street, Milwaukie) in the music room of the high school building, whenever school is in session. Anyone in- and outside the PWS community who enjoys singing songs through the seasons, across the centuries and around the world is very welcome, including drop ins. This event is free and a community builder. For more information contact Marion Van Namen at (503) 956-4046.

Portland Youth Discussion Group

Come join the Portland Youth Discussion Group as we pick-up *Becoming the Archangel Michael's Companion* in order to understand what our task, as the youth of the world, is in the 21st Century. There is something new and exciting in the air among the young people as a new generation prepares to take on the responsibility of this world and so we gather to hold that space, to marvel and to share what others are doing in the world and to work more deeply with one another. We welcome new people who are

open to exploring Spiritual Science and conducting their own research and those who are interested in learning more about the youth in Portland, the North American and International Youth Section and more! There is so much going on. For more information about when and where we meet, please contact Leslie Loy at (503) 819-3399 or leslielal@yahoo.com.

Psychosophy Study Group

Working with the Steiner text, *Psychology of Body, Soul and Spirit*, we meet the second and fourth Tuesday of the month, 7:30 - 9:00, beginning March 10, in NE Portland. Call Cheri Munske for more info: 503-484-4133.

Waldorf Education and Teacher Training

Lectures and courses conducted throughout the year by the Micha-el Institute. Contact John Miles at 503/774-4946. johncmiles@usa.net.

Upcoming Events

APRIL 16-30

The Myth of Persephone

Using the myth of Persephone as our guide, we will explore the beauty and colors of spring through painting and drawing. Thursdays 11:00 - 1:00, no previous artistic experience necessary. \$105; Cheri Munske at her studio in NE Portland by email woolhorse@earthlink.net or phone at 503-484-4133.

Sunday, APRIL 19 (notice third Sunday)

First Class of the School of Spiritual Science

Bothmer Hall, Blue card required - Discussion on Lesson 16 at 8:30 AM, class at 9:30 AM sharp. Lesson 17. Please contact Jannebeth Röell 503/249-3807 or Diane Ramage at (360) 241-7854.

APRIL 23 - MAY 21

Micha-el Institute - Art in the Waldorf School

4/23 Form Drawing; 5/7 Block Crayon Drawing; 5/14 Wet-on-wet Painting; 5/21 Freehand Geometry; held in the Music Room at Portland Waldorf School, 2300 SE Harrison, Milwaukie. Contact 503 774-4946 or email johncmiles@usa.net.

Wednesday, APRIL 29

Portland Branch Council Meeting

7 PM - 8PM study of the theme of the year followed by a business meeting at the home of Ruth and Tom Klein, 3609 SE Center, Portland OR 97202, phone: 503-777-3176. All Branch members are welcome to attend

Friday, MAY 1

Rudolf Steiner: Reincarnation and Karma

A lecture by author and publisher Thomas Meyer. Mr. Meyer will explore reincarnation and karma through Rudolf Steiner's own biography. Mr. Meyer includes information on some of the outstanding individualities around Rudolf Steiner and how they impacted his mission. Seattle Waldorf High School, 160 John Street, Seattle, WA 98109. For information call Stacy at 206-517-4917 or email branch@seattleanthroposophy.org

Saturday, MAY 2**Emerson: Herald of the Spirit in America**

A lecture by author and publisher Thomas Meyer. If Rudolf Steiner had been born in America, he would have chosen Ralph Waldo Emerson as his founding philosophical study instead of Goethe. Mr. Meyer brings information from newly found manuscripts written by Emerson and includes information on the mysteries behind the karma of America. Seattle Waldorf High School, 160 John Street, Seattle, WA 98109. For information call Stacy at 206-517-4917 or email branch@seattleanthroposophy.org

Friday, MAY 8, 2009**The New Narrative: Local Voices for a Global Future**

A selection of short documentary films on individuals and organizations working towards sustainability, peace and social justice; a presentation by Orland Bishop, a pioneering community organizer, founder and director of Shade Tree Multicultural Foundation about the challenges urban communities face worldwide; question and answer session with film-maker Emmanuel Vaughan-Lee. 5:30-9:30 PM, Kennedy School, 5736 N.E. 33rd Ave, Portland, OR. For additional information contact: events@globalonenessproject.org.

Sunday, MAY 10**First Class of the School of Spiritual Science**

Bothmer Hall, Blue card required - Discussion on Lesson 17 at 8:30 AM, class at 9:30 AM sharp. Lesson 18. Please contact Jannebeth Röell 503/249-3807 or Diane Rumage at (360) 241-7854.

Thursday, MAY 14**The Mystery and Evolution of Gender**

A lecture by Reverend Sanford Miller of The Christian Community in Sacramento. Reverend Sanford Miller received his B.A. in Religious Studies in 1972. He has been a student of the work of Rudolf Steiner also since 1972. He worked in the Camphill movement in Scotland with mentally handicapped adults before training for the priesthood in The Christian Community. He was ordained in 1982. 7:30-9:00PM, Bothmer Hall - 5915 SE Division Street, Portland OR 97206. Suggested donation \$15- \$20. Sponsored by The Friends of The Movement for Religious Renewal. Contact Lucia Mello at (503) 892-5296 or Sandra Burch at (503) 353-1818 or galenalyn@gmail.com with any questions.

Friday, MAY 15**Relationships - Marriage and the Social and Anti-Social Forces of Our Time.**

Lecture by Reverend Sanford Miller of The Christian Community. at 7:30-9:00PM, Bothmer Hall - 5915 SE Division Street, Portland, OR 97206. Suggested donation \$15-\$20. Sponsored by The Friends of The Movement for Religious Renewal. Contact Lucia Mello at (503) 892-5296 or Sandra Burch at (503) 353-1818 or galenalyn@gmail.com.

Sunday, MAY 17**Christian Community**

9:15 AM - Religious Instruction (grades 1-12), 10:00 AM - Children's Service (grades 1-12), 10:30 AM - The Act of Consecration of Man (for adults) (childcare available). These are services performed by Reverend Sanford Miller of The Christian Community. Bothmer Hall - 5915 SE Division Street, Portland OR 97206. Contact Sandra Burch (503) 353-1818 or galenalyn@gmail.com or Lucia Mello at (503) 892-5296.

Sunday, JUNE 14**First Class of the School of Spiritual Science**

Bothmer Hall, Blue card required - Discussion on Lesson 18 at 8:30 AM, class at 9:30 AM sharp. Lesson 19. Please contact Jannebeth Röell 503/249-3807 or Diane Rumage at (360) 241-7854.

JUNE 12-14**Discovering our Future**

Youth will come together to bring Rudolf Steiner's ideas on Karma to life. An in depth look will be taken at a lecture from "Anthroposophy in everyday life: Facing Karma". Denver Waldorf School, Colorado. For more information, please contact Bridget Blanning: 303-902-1326 or bmbanning@hotmail.com

Monday, JUNE 15**Micha-el Institute: Building the Imagination through Puppetry and Story-telling**

Early Childhood Intensive Conference, see brochure for details, held at the Micha-el School, 5239 SE Woodstock Blvd, Portland OR 97206. Contact 503 774-4946 or email johncmiles@usa.net.

JUNE 23-27**Weaving the Educational Task with the Social Mission of Waldorf Education**

This is the first time that the annual AWSNA conference will be held in the Pacific Northwest at the Portland Waldorf School, 2300 SE Harrison. In addition to artistic and professional workshops, this year's conference will feature a series of keynote lectures by Virginia Sease, the director of the English language program for Anthroposophical studies at the Goetheanum in Dornach and a member of the Anthroposophical Society's executive council. She is a captivating speaker and erudite scholar and will address the conference's theme, "Weaving the Educational Task with the Social Mission of Waldorf Education". Visit the website at www.whywaldorfworks.org - go to News and Events and the Events Calendar buttons for registration information and costs. For those who would like to attend only the keynote lectures, there will be a door charge; admission may be dependent on space availability. For information call 503-654-2200 extension 210 or contact For more information contact Connie Starzynski, cstarzynski@awsna.org.

Tuesday, JUNE 23**Foundation Stone Verse in Eurythmy****Virginia Sease, Opening Lecture AWSNA Conference**

Eurythmy and Opening lecture -- \$15 , 7:00PM at PWS , 2300 SE Harrison, Milwaukie OR

JUNE 24, 25, 26**Virginia Sease, Morning lectures AWSNA Conference**

The morning session of the AWSNA conference with a lecture by Virginia Sease. This includes singing, opening thoughts, Virginia's lecture, snack and roundtable discussion on the lecture. Lunch is not included. - 8:30 AM to 12:30 PM - lecture, snack and discussion - \$25 (lecture only \$15) at PWS , 2300 SE Harrison, Milwaukie OR.

Saturday, JUNE 27**Foundation Stone Verse in Eurythmy****Virginia Sease, Closing Lecture AWSNA Conference**

(8:30 AM - 12:30 PM). Eurythmy and closing lecture -- \$15 at PWS, 2300 SE Harrison, Milwaukie OR

Sunday JUNE 28**Fifth Gospel with Virginia Sease**

Virginia Sease is a longtime friend of anthroposophy and a member of the General Anthroposophical Society's Executive Council in Dornach, Switzerland. She would like to meet with members and friends of the Portland Branch and speak about the *Fifth Gospel* by Rudolf Steiner from 4:30-5:30 PM, followed by a potluck dinner from 6:00 PM- 7:00 PM at Bothmer Hall, 5919 SE Division Street. Please contact Chrystal Godleske by e-mail at socialsculptor@gmail.com or by phone at (503) 816-2440.

Sunday JUNE 28**School of Spiritual Science with Virginia Sease**

Virginia Sease will meet with the members of the School of Spiritual Science from 7:30-8:30 PM at Bothmer Hall, 5919 SE Division Street. Please contact Jannebeth Röell 503/249-3807 or Diane Rumage at (360) 241-7854 for information. Blue cards required.

Sunday, JULY 5**Micha-el Institute - Summer Conferences**

Waldorf teacher training for Grade School Intensive, see brochure for details, held at the Micha-el School, 5239 SE Woodstock Blvd, Portland OR 97206. Contact 503 774-4946 or email johncmiles@usa.net.

Sunday, JULY 12**First Class of the School of Spiritual Science**

Bothmer Hall, Blue card required - Discussion on Lesson 19 at 8:30 AM, class at 9:30 AM sharp. Recapitulation Lesson 1. Please contact Jannebeth Röell (503) 249-3807 or Diane Rumage at (360) 241-7854.

AUGUST 1-8**Encircling Light-Expectant Silence**

The Anthroposophical Society in Canada hosts this conference on the North in White Horse, Yukon. Full details about all aspects of the Conference are available on the conference website, www.encirclinglight.ca.

AUGUST 12-16**Experiencing the 19 Lessons in London**


At the Rudolf Steiner house in London UK free renderings will be held of all the class lessons. This conference is for members of the School of Spiritual Science only and will require the blue card to attend. For detailed information or assistance with accommodation contact Doris Csida at 020-7723-4400 or office@anth.org.uk or Philip Martyn philipmartyn@btinternet.com.

Friday, AUGUST 21**Micha-el Institute - Summer Conferences**

Foundation Conference, see brochure for details, held at the Micha-el School, 5239 SE Woodstock Blvd, Portland OR 97206. Contact 503 774-4946 or email johncmiles@usa.net.



Dr. Virginia Sease was born in Pennsylvania. Through her high school German teacher, she discovered Anthroposophy. Parallel to a B.A. degree in German literature at Douglas College of Rutgers University she studied singing in New York City. After a Fulbright Scholarship study at the University of Tübingen and the Waldorf Teachers Seminar in Stuttgart, Germany, she was a Class Teacher at Highland Hall Waldorf School then in North Hollywood. In 1968 she received a Ph.D. degree in German literature from the University of Southern California. From 1967 to 1974 she was Assistant Professor of German Literature at Occidental College and worked simultaneously to help to establish the Waldorf Institute of Southern California. She took a Class through eighth grade at Highland Hall in Northridge from 1974 to 1983. During this time she served on the Western Regional Council and from 1981-1984 on the National Council of the Anthroposophical Society in America. In 1984 Virginia Sease became a member of the Executive Council (Vorstand) of the General Anthroposophical Society at the Goetheanum and moved to Dornach, Switzerland. From 1991 to 2001 she also was the leader of the Section for the Arts of Eurythmy, Speech and Music. In addition to her Vorstand work she is responsible for the Anthroposophical Studies Program in English at the Goetheanum since October 2001.



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