

Portland Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society in Portland, Oregon

www.portlandbranch.com Volume 1.9 September 2005

THE CHALLENGES WE ALL FACE

By James Lee, Portland, Oregon

The following is excerpted from a talk given by Christof Wiechert to about forty members from the Portland Branch of the Anthroposophical Society this past July 22nd at Bothmer Hall.

Three practices are called for by the Foundation Stone Meditation on which the Anthroposophical Society is founded: Spirit Recalling, Spirit Awareness, and Spirit Beholding. When we think in Spirit Awareness, we must bring into action those talents that will fructify and bring new impulses for the future to our anthroposophical work.

The main task for the Anthroposophical Society is to work together in a way that allows us to organize our individual destinies and make them new. The Anthroposophical Society should be viewed as a place where people can come together from all possible backgrounds and make a difference. Consider a small example of what happens if this is not permitted. Imagine a Waldorf school that only selects new students from parents who were themselves Waldorf students. This would quickly result in the demise of the school. Waldorf students must come from everywhere and there must be an attempt to accommodate every student who desires to attend the Waldorf School. So it is with the Anthroposophical Society. Many people with many points of view, understandings, and levels of energy will come to the Anthroposophical Society. Rudolf Steiner told us there are no rights in the Anthroposophical Society, only tasks to be done. Members need to focus on organizing their karma so these new members can be united with the Society, find their places, and make a difference.

Rudolf Steiner told us that our most important task as members of the Anthroposophical Society is to restore the truth of karma. This idea was read from a lecture in the Karmic Relationships cycle (Karmic Relationships, Volume III, Lecture 11, 8 August 1924). The task was not given to the School of Spiritual Science but to the Anthroposophical Society.

The following quote was read from the 9th Michael Letter in *Leading Thoughts*. "One of the Imaginations of Michael is the following: he rules through the passage of time; bearing the light from the Cosmos really as his own being; giving form to the warmth from the Cosmos as the revealer of his own being; as a being he keeps steadily on his course like a world, affirming himself only by affirming the world, as if leading forces down to the Earth from all parts of the Universe. Contrast this with an Imagination of Ahriman: As he goes

along he would like to capture space from time; he has darkness around him into which he shoots the rays of his own light; the more he achieves his aims the severer is the frost around him; he moves as a world which contracts entirely into one being, viz., his own, in which he affirms himself only by denying the world; he moves as if he carried with him the sinister forces of dark caves in the Earth."

Consider a hypothetical example: A man creates a doctors' training. This is a person with a strong personality who is doing a tremendous job. We evaluate him on a half- or sub-conscious level and ask if he is doing all this for himself or for the sick. We could also ask, am I a good teacher for myself or am I doing it for the sake of Waldorf education? Am I working for anthroposophy or for myself?

We should be careful not to use our intelligence for egocentric purposes. Let's do something for the sake of the Anthroposophical Society.

Christof Wiechert was born in 1945. He was schooled at the Waldorf School in The Hague, Netherlands. After studying education and geography, he spent 30 years teaching at the Waldorf School in The Hague. During this time he co-founded the Dutch State Waldorf Teacher Training Seminar. For many years, Christof has been a Council member in the Anthroposophical Society in the Netherlands. Together with Ate Koopmans, he partnered in the development of the "Art of Child Study" course. He has lectured in many countries. Christof has worked for the Pedagogical Section of the Anthroposophical Society since September 1999; he has been the head of the Pedagogical Section since October 2001.

THE BRAIN'S ROLE IN CONSCIOUS EXPERIENCE

The following is an excerpt from the article [Brain Activity and Conscious Experience](#) previously published in the *Nature Institute's In Context*, #13, Spring 2005. You can read the entire article with footnotes at www.natureinstitute.org. A related section on Rudolf Steiner and Neurophysiology compiled by the author follows the excerpt.

By Dr. Siegwald M. Elsas, Portland, Oregon

Let us take together the considered evidence for the question whether electrical activity in the nervous system is sufficient to produce inner experiences and body movements. While induced electrical activity can indeed elicit movements and inner experiences, such induced movements or inner experiences remain fragmentary, and always have the character of involuntary or hallucinatory events. One might argue that this finding is only the result of technically imperfect stimulation. But another view, consistent with the picture of nervous system function developed above, would lead us to conclude that electrical brain activity in itself is not sufficient to produce meaningful movements or inner

experiences. In this view, meaningful movements or inner experiences would require that external realities (such as objects or changes in our body) or internal realities (such as mental images or intentions) become reflected or represented in electrical brain activity.

Such a view would also be consistent with our own natural inner experience of our thoughts, feelings and intentions. We experience them as inner realities and not as hallucinatory byproducts of our brain. After all, we know very well that the content and direction of our thoughts are independent of our bodily organization. In thinking, we are able to arrive at truths such as $3 \times 4 = 12$, independently of who has the thought, and of our physical and emotional state. In situations where our body does have an influence, such as when we are tired, drunk, obsessive-compulsive, or schizophrenic, our thinking becomes impaired. Usually we (or others) are then aware that our reasoning cannot fully be trusted.

Similarly, we experience our intentions as truly our own, and not as involuntary reactions of our brain. Again, in situations where our body does have an influence, such as when we are intoxicated or suffer from mental illness -- in short, when we are "out of control" -- we or others know that such actions are not in line with our well-considered intentions.

Thus, while we experience the process of thinking and our intentions as independent from our bodily organization, we know from electrophysiological (Rodriquez et al. 1999; Kornhuber and Deecke 1965) and functional imaging studies that our thoughts or mental images always are correlated with specific neuronal electrical activity and a corresponding local increase in blood flow in the brain. Thus it appears that the thinking process, just as all the sensory processes studied above, leaves an imprint or reflection in the brain. If the corresponding part of the brain becomes damaged or lost, we become incapable of forming the particular kind of mental image which is associated with that part of the brain -- just as we lose the capacity to see when we lose an eye.

It seems, then, that the general rule of brain function holds: the brain does not produce thoughts or mental images, just as it does not produce the light of vision or the strength of our movement. Instead the brain serves to bring the thought or mental image to consciousness by allowing it to be imprinted. The brain in this sense might be compared to the sand that provides enough resistance to receive the form of a footprint:

He who walks over a soft ground will imprint his footprints into the soil. One will not be tempted to say the forms of the footprints were pushed up from below by forces in the soil .. Similarly, he who observes the essential being of thinking in an unbiased manner, will not ascribe any part in this being to the traces in the body organization, which arise from the preparation of thinking for its appearance by means of the body. (Steiner 1967, author's translation)

That is, the resistance the brain presents to thought images may allow them to become conscious. In this way, the brain may serve as a kind of sense organ for thoughts and concepts that have an independent existence.

(End of Excerpt from the *In Context* article.)

Rudolf Steiner and Neurophysiology

While comments on the function of nerves are found frequently throughout many of R. Steiner's lectures, two central passages are found in two key written works, *Riddles of the Soul* (first published 1917) and in the 1918 edition of *Philosophy of Freedom*. Both passages are given below in translation by the author (S. Elsas).

A description from the perspective of inner experience is in *Philosophy of Freedom*, Chapter 9 "The idea of freedom" [6] as follows:

IF YOU ARE INTERESTED TO LEARN MORE ABOUT THE PORTLAND BRANCH OF THE ANTHROPOSOPHICAL SOCIETY, PLEASE CALL DIANE RUMAGE AT (503) 240-0908.

THE PORTLAND BRANCH THANKS THE FOLLOWING MEMBERS FOR THEIR GENEROUS DONATIONS!

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The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the community.

Printed copies of the newsletter are available at the Steiner Storehouse, Portland Waldorf School and the Cedarwood Waldorf School. The newsletter and calendar are also posted on the Portland Branch website at www.portlandbranch.com.

Questions, suggestions and submissions may be sent by e-mail to anthroposophy@earthlink.net. Items selected for publication in the Portland Anthroposophic Times may be edited for style, content and length.

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The deadline for submissions to the *Portland Anthroposophic Times* is the first day of each month for the following month's edition. For example, an article or calendar submission for the October newsletter must be received by Sept. 1st.

“1. He who truly comprehends what thinking represents will recognize that in perception lies only one part of reality and that the other corresponding part, which only lets her appear as full reality, is *experienced* in the penetration of perception with thinking. He will recognize that what appears as thinking in the field of consciousness is not a shadow-like reflection of a reality, but a spiritual essence resting in itself. ... One recognizes that the human body-soul organization cannot affect anything on the essential being of thinking. ...

2. ... it will not escape the observation how remarkable the relationship of the human organization is to thinking. She does not effect anything on the essential being of thinking, rather she retreats, when the activity of thinking appears; she abolishes her own activity, she creates a free space; and in the free space appears the thinking.

The essential being which is active in thinking accomplishes two tasks: First it pushes back the human organization in its own activity, and second it places itself in its place. ...

3. ... He who walks over a soft ground will imprint his footprints into the soil. One will not be tempted to say the forms of the footprints were pushed up from below by forces in the soil. ...

Similarly, he who observes the essential being of thinking in an unbiased manner, will not ascribe any part in this being to the traces in the body organization, which arise from the preparation of thinking for its appearance by means of the body.”

A description from the perspective of physiology is in Riddles of the Soul, addendum 6: The physical and spiritual interrelationships of the human being [5] as follows:

“... One has to connect with metabolic activity the will, with rhythmic activity feeling, regardless in which organs metabolism or rhythm become manifest. But in the nerves something completely different from metabolism and rhythm occurs.

1. The bodily processes in the nervous system, which provide the basis for thinking in mental images, are difficult to grasp physiologically. Since, where “nerve activity” takes place, there is thinking in mental images of the usual consciousness. This sentence is also true in reverse: where thinking in mental images is not present, nerve activity can never be found, but only metabolic activity in the nerves, and some rhythmical activity.

2. Physiology will never come to concepts in neuroscience which are true to reality as long as she does not recognize that true nerve activity cannot be an object of physiological sense observation. Anatomy and physiology will need to recognize that they can find nerve activity only by a *method of exclusion*. Nerve activity is that in the nerves which is not observable by the senses,

but whose necessity of existence and specificity of action is given by sense-like observation.

3. One can reach a positive description of nerve activity if one recognizes in it the material process by which ... the pure soul-spiritual essential being of the living content of mental images is paralyzed into the unliving thinking in mental images of the usual consciousness. Without this concept, which needs to be introduced into physiology, there will be no possibility to describe what nerve activity is. ...”

The two descriptions, from the perspectives of physiology and from inner experience, may be unified by the idea that “true nerve activity is thinking activity appearing as a body process” [7]. With this idea,

1. True nerve activity is only present when thinking of the usual consciousness occurs,
2. This true nerve activity itself is not observable by the senses, only its traces or “footprints”
3. As a result of the imprinting, the living content of thinking is paralyzed into abstract thoughts and conscious awareness of them arises.

Dr. Siegwand-M. Elsas is a medical doctor engaged in medical research. Currently, as an Assistant Professor of Neurology at Oregon Health and Science University, he has for many years been concerned with the role of the nervous system in human consciousness and free will.

THE BRIDGE BUILDER

By Will Allen Dromgoole

An old man, going a lone highway,
Came, at the evening, cold and gray,
To a chasm, vast, and deep, and wide,
Through which was flowing a sullen tide.
The old man crossed in the twilight dim;
The sullen stream had no fears for him;
But he turned, when safe on the other side,
And built a bridge to span the tide.
"Old man," said a fellow pilgrim, near,
"You are wasting strength with building here;
Your journey will end with the ending day;
You never again must pass this way;
You have crossed the chasm, deep and wide--
Why build you the bridge at the eventide?"

The builder lifted his old gray head:
"Good friend, in the path I have come," he said,
"There follows after me today
A youth, whose feet must pass this way.
This chasm, that has been naught to me,
To that fair-haired youth may a pitfall be.
He, too, must cross in the twilight dim;
Good friend, I am building the bridge for him."

STAR LIGHT

By Diane Rumage, Portland, OR (drumage@earthlink.net)

The virtue of the month from August 21 - September 21 when the Sun is in the sign of Virgo is: Courtesy becomes Tact of the Heart. The roots of tact mean "to touch" which is actually the sense that applies to Pisces which is opposite in the zodiac, but here we are touching with the heart. The sense of sight applies to Virgo. Webster's defines tact as a sensitive mental or aesthetic perception; keen sense of what to do or say in order to maintain good relations with others and avoid offense. Both courtesy and politeness stem from roots that describe for instance: co-hortus--in the garden together, in the court yard, and civility--a sort of rubbing off the harshness to polish and refine oneself and society. We can think of politics and the rights life. One can call up an image of a refined Arabian or French court--civility, manners, but also the corresponding vice of falseness--a mask that one hides behind. Obsequious fawning while poisoning the pretended friend.

The eurythmic gesture of B for Virgo encloses, protects, envelops. One can picture a group enclosed in a garden or court, or one can picture the self enclosed within. The B has a yellow movement--thought rays out, a blue veil of feeling embraces and protects, and the red warmth of character sustains what one has embraced. The gesture of Virgo is sobriety. We are reaping the harvest of what we have sowed. The earth is beginning to transition from the sleepiness of summer to the awakening of the autumn. Most plants have blossomed and reached the seed stage where the light and life is enclosed within the sheath. When Steiner speaks of community building, he mentions this falling asleep when one encounters the other and waking up when one withdraws back into oneself. And he also mentions the need to rub shoulders, elbows, rough edges against another to refine ourselves and our encounters. Mercury, the messenger of the gods, rules Virgo. Mercury takes one out of oneself to notice the God in the other. The Swiss have the wonderful greeting: "Gruss Gott"--Greet God, or one could say greet the God in you. A respect for the other's higher self is essential nowadays to be truly courteous. If we are only selfishly concerned with our self and our own rights, we have no desire or seeming need to treat another politely or with respect. A trait of Virgo is to see another's faults and start to nag and criticize. They see in their mind's eye how a perfect world would look, and if things don't go as they hope or expect, it is the other person's fault, and they will nag until the other changes or will simply try to control the whole situation. They recognize the lower self of the other, see their perfect world, and fail to see how they fit in the picture.

We have the rights life to ensure that all are treated equal under the law. Everyone at court has equal rights. We are polite. A door needs opening. We know we would like for someone to open the door for us, so we reach out and hold it open for another. We stand in line waiting for a bus. We know

we'd like to get on first, but we politely let another on first. We're late for our destination. We are supposed to yield the right of way. Do we? Or do we usurp another's right? How many of us have experienced the youth of today who've been taught no manners, or the men who say "okay, you want equal rights you'll get equal rights" and won't offer their seat on a bus to a pregnant woman or an elderly person? Courtesy is a constant reminder of both what the other and what we would like in our inmost hearts. How delighted we are if someone makes the small gesture to hold a door open for us--because it is not small--it is as vast as the universe beyond ourselves and within ourselves. Similarly if we or someone else says please or thank you. We feel acknowledged. We feel we have value and worth in the other's eye. We are respected. What a joy to do it for another. Look at the lifted head and the glow in the other's eye as we treat them with respect and politeness! They feel seen for a brief moment in their true worth as a human being. We've all heard that it is not polite to stare. Why? If you stare, you aren't really seeing the true human being, only mindlessly looking at a persona. The rights life becomes the golden rule of the heart--do unto others as you would have them do unto you. Yes, sometimes we act polite even though it strains us if we are irritated with someone. We let them be right. We let them have the last say as to how an event will take place. Even though it seems false, it is true to our higher goal of wanting to get along with them. Eventually, through practice and struggle, it becomes a virtue. The world doesn't fall apart if it doesn't always occur as we see it should. Who among us has perfect vision?

Full moon occurs 8/19/05 at 10:54 a.m. PDT. After the new moon at 11:46 a.m. on 9/3/2005, we are able to view Venus and Jupiter near conjunct at the end of the constellation of Virgo setting in the SW at 8:40 p.m. PDT. We've been able to see these two brightest planets for most of the past month. Heliocentrically at new moon some planets are similar to around Michaelmas 32 A.D. as well as between Ascension and Pentecost in 33 A.D. Michael is here to help us reach an understanding of the true Christian community. Some similars are R. M. Rilke, Churchill and Cromwell, JFK, Catherine the Great of Russia, A. Schweitzer, Botticelli, Shakespeare and Christopher Marlowe.

THE ANTHROPOSOPHICAL SOCIETY IN AMERICA

Check out the website of the Anthroposophical Society in America for information, links, calendars, and other information that may be useful to those interested in anthroposophy.

[HTTP://WWW.ANTHROPOSOPHY.ORG/](http://www.anthroposophy.org/)

Portland Anthroposophical Society Calendar - September 2005

STUDY GROUPS

Anthroposophia Studies for Branch Life

Working with the spiritual realm helping our community life. Call for meeting times to Valerie Hope 503/775-0778.

Biodynamic Agriculture

Focus on biodynamic agriculture with reading, discussion and art. Call Sharon Parker at 503/235-9086

Eurythmy

Training offered by Portland Eurythmy on weekends and evenings. Please contact Natasha Moss at 503/233-0663.

Karmic Relationships – currently full

Working through Rudolf Steiner's Karmic Relationships Cycle of lectures. Call James Lee for information 503/249-3804.

Life Beyond Death – currently full

Reading the collection of Steiner's lectures. Call Cheri Munske for information 503/772-2632.

Mystery Dramas

Most Wednesdays at 7 PM. Please call James Lee at 503/249-3804.

Religious Instruction for Children

A new study group that is preparing to support religious instruction as indicated by Rudolf Steiner for children. Contact Lucia Mello with questions or for more information 503/892-5296.

Special Needs/Camphill

Fridays, 7 – 8:30 PM Reading from Rudolf Steiner's Education for Special Needs, formerly titled Curative Education. Call Craig Thom 503/256-1622 for location and directions.

Waldorf Education and Teacher Training

Lectures and courses conducted throughout the year by the Micha-el Institute. Contact John Miles at 503/774-4946.

UPCOMING EVENTS

Sunday AUGUST 21

Branch Meeting

Bothmer Hall – 3 to 5 PM

Gather with us to hear from those who have just come back from the Being Awake! Conference in Michigan. A community-wide gathering of Anthroposophical Society members and friends. Contact Diane Rumage 503/240-0908.

Thursday SEPT 1 – Please send in copy for the October newsletter by this date to branchcalendar@mindspring.com

Thursdays SEPTEMBER 8 - 29

Rudolf Steiner's indications on Child Development

9/ 8 on Human Biography; 9/15 on the Three Ages of Childhood; 9/22 on the Waldorf Curriculum and the consciousness of children; 9/29 on Working with the Temperaments. For reading list & to learn more: contact John Miles at 503/774-4946.

SEPTEMBER 9-14

Anthroposophical Pan-American Conference

Phone: 011- 52 55-56 17 68 54 in Mexico City (Octavio, Margarita Reyes)

Phone and fax:: 011-52 434- 344 02 76 in Michoacán (Vincent Geerts, Martha Elena Zapièn)

octavio_reyessalas@yahoo.de or pronasanmiguel@yahoo.com

Thursday SEPTEMBER 8 through May

Fall Folk Art School at Shining Star School

Thursday afternoons 3:30PM-5 PM, at 602 NE Prescott, in the Linden Tree Kindergarten Room.

Our plan is to begin with using plant dyed woolen felts to create a series of table puppets, and hand puppets. Later in the fall, we will start work on our reclaimed woolen warmers, vests created from felted wool. You are also welcome to bring along your own projects and work on those during this community time! For young and old.

Please RSVP by calling the school at 503 753 4459.

Sunday SEPTEMBER 11

First Class of the School of Spiritual Science

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp Lesson One, for First Class members. Please contact Jannebeth Röell 503/249-3804.

Wednesdays SEPTEMBER 14 through November 2, 2005

Eight Painting Classes

Place: 3135 NE 17th avenue

Time: 9AM-10AM

Please call Jannebeth Röell to reserve a place: 502-249-3807

Tuesday SEPTEMBER 20

Eurythmy Performance of Antonin Dvorak's New World Symphony

Newmark Theater, Portland

Tickets may be purchased in advance. Contact Don Marquiss for more information 503/233-0663

Thursday SEPTEMBER 29

Michaelmas Celebration and Biodynamic Stirring

Pot luck and BD stirring from 4:00-7:30 PM. Stirrings are from 4:00 – 5:00 PM. Bring food to share and grill. Call the Parkers at 503-777-9086 for directions.

Saturday OCT 1 – Please send in copy for the November newsletter by this date to branchcalendar@mindspring.com

Thursdays OCTOBER 8 - 29

Anthroposophy -The Philosophy Behind Waldorf Education

10/ 6 on the Worlds of Soul and Spirit; 10/13 on the Evolution of the Earth; 10/ 20 on Reincarnation and Karma; 10/27 on the Task of Humanity. For reading list & to learn more: contact John Miles at 503/774-4946.

Thursday – Sunday OCTOBER 6 - 9

(Columbus Day weekend)

Christ's Deed in Relation to the Forces of Evil: Rudolf Steiner's Research into the Working of Christ at the End of the 19th Century and the Beginning of the 20th Century

Heartbeet Lifesharing in Hardwick, Vermont

Actor and storyteller Glen Williamson will perform "Kaspar Hauser: The Open Secret of the Foundling Prince." Sherry Wildfeuer will speak about the relation of Christ to Ahriman and Lucifer, Else Woutersen will speak about love and its meaning in the world, and David Schwartz will speak about the laying of the foundation stone for the first Goetheanum and the fifth deed of Christ. Erin Graver will lead us in singing, and Susan Elmore will lead us in eurythmy & verse. Do not hesitate to contact Rachel Schwartz with any questions at 617-522-0580 or raugustina@hotmail.com.

Sunday OCTOBER 9

First Class of the School of Spiritual Science

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp Lesson Two, for First Class members. Please contact Jannebeth Röell 503/249-3804.

Friday – Sunday OCT 14 -16

National Biodynamic Conference

Long Hungry Creek Farm in Red Boiling Springs, TN
The Biodynamic Farming and Gardening Association's annual conference. Speakers will discuss the growing of all of the major fruit and vegetable crops, and offer workshops on raising cattle, sheep, pigs, chickens, and bees. There will also be talks on compost and compost tea, and presentations on Rudolf Steiner's work in the fields of medicine, education and meditation. A special pre-conference workshop, "Demystifying Biodynamics", will offer a hands-on opportunity to make and learn how to apply all of the biodynamic preparations. For more information, or to register for the conference, please contact Biodynamic Farming and Gardening Association, 25844 Butler Road, Junction City, OR 97448; (888)516-7797; biodynamic@aol.com.

Fr-Su OCTOBER 21 – 23

Responsibility and Freedom in the New Mysteries

Portland, OR

Responsibility and Freedom in the New Mysteries Conference and the Annual General Meeting of the Anthroposophical Society will take place in Portland, Oregon this year. There will be many conversations and workshops to attend, and much for our branch to do to support and enjoy this important gathering. Look to the newsletter for updates on the AGM. For more information, contact Valerie Hope 503/775-0778.

Thursdays NOVEMBER 3 – DECEMBER 8

Festivals

11/ 3 on Cosmic and Earth Festivals in the Year; 11/10 on Autumn - Michaelmas, Harvest , Hallowe'en and Martinmas; 11/17 on Winter - Advent, Hanukkah, Christmas, 12 Holy Nights, & Epiphany; 12/8 on Spring & Summer - Imbolc, Easter, Mayday, Whitsun & Mid-Summer. For reading list & to learn more: contact John Miles at 503/774-4946.

Fr - Su NOVEMBER 11 - 13

Fall Conference and National Future of Prep Makers Group

Lost Valley Conference Center outside of Eugene Oregon will host the annual meeting of the National Prep Makers Group -- so we decided to combine that meeting with our usual fall conference. This will be an opportunity to meet representatives of prep making groups from across the country, to compare notes and exchange ideas. Contact Kathryn Casternovia at elementaldesigns@charter.net

Sunday NOVEMBER 13

First Class of the School of Spiritual Science

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp Lesson 3 for First Class members. Please contact Jannebeth Röell 503/249-3804.

Su DECEMBER 11

First Class of the School of Spiritual Science

Bothmer Hall – Discussion at 8:30 AM, class at 9:30 AM sharp Lesson 4 for First Class members. Please contact Jannebeth Röell 503/249-3807.

Sundays NOVEMBER 27, DECEMBER 4, 11, 18

Advent Readings

Advent is the period beginning on the fourth Sunday before Christmas. Join us to read about events that took place in the spiritual world long before the birth of Jesus Christ on earth. The significance of these events or deeds is that they were a prerequisite for our unique human faculties of walking, speaking, and thinking. The Pre-Earthly Deeds of Christ and The Four Sacrifices of Christ by Rudolf Steiner are the short lectures that will be considered during the Advent meetings. Copies of the lectures will be available. Each Sunday we will consider one of the Deeds and Sacrifices. Please contact James Lee 503/249-3804 for more information. Look at future calendars for additional details.

ANNOUNCEMENTS AND NOTICES

GET THE PORTLAND ANTHROPOSOPHIC TIMES BY E-MAIL!

Dear Reader, You can easily receive the newsletter of the Portland Branch of the Anthroposophical Society by e-mail. Not only will you get its great content in color, but it will arrive in a form you can easily share with your friends and reduce our costs by eliminating reproduction and USPS mailing costs. Send an e-mail to us with your name and desire to be added to our newsletter e-mail distribution list to anthroposophy@earthlink.net.

NEW CALENDAR ADDRESS → BRANCHCALENDAR@MINDSPRING.COM

Jannebeth Röell (503-249-3807) and Diane Ramage (503-240-0908) have assumed the role of calendar coordinators for the Portland Branch newsletter. Should you have an event of interest for the Anthroposophical Society community in Portland, please submit it by e-mail to branchcalendar@mindspring.com by the first of each month. For example, to be listed in September's newsletter, calendar entries should be received by the first of August. Should you not have easy access to e-mail, you can contact either calendar coordinator by phone at the numbers listed above.

FIDDLER ON THE ROOF AT PWS

The **Portland Waldorf High School** presents Fiddler on the Roof at 7 p.m., October 21, 22, 26, 27, 28, 29 at the Milwaukie Community Club, 10666 SE 42nd Ave (42 and Harrison) Milwaukie. Tickets will be available in advance from the Spring Creek Store at the School and at the door. This beloved musical, featuring the competing impulses between tradition and modernization in 1905 Russia, has charmed and touched audiences for more the 40 years. The entire high school participates in putting on the musical whether acting, playing in the orchestra or preparing the set, costumes and lighting. Come enjoy the warmth and humor of Tevye's daughters as they struggle to find their place in a changing world.

YOUTH INTERNSHIPS

An International Internship Directory can be found online at <http://www.anthroposophy.org/Internship/>. This is a searchable database that allows the user to look for internships in specific interest categories worldwide or by region.

MICHAELMAS CELEBRATION – SEPTEMBER 29TH

As the wheel of the seasons turn, we find ourselves in rhythmical festival time again. Please join us in celebrating Michaelmas on Thursday, September 29th. The Parker's are hosting a biodynamic stirring/sprinkling and potluck from 4:00 - 7:30 PM.

Festivals can help us maintain balance as we pass through time. Autumn festival may provide an opportunity for human beings to more easily connect our daily lives to spirit by connecting our rhythm to the rhythm of the earth. Through autumn and winter, the earth inhales, drawing life and cosmic forces deep within her blue-green body. The earth is very active in renewal during this time, even though her surface is barren. This festival can provide us with an opportunity to pause and think about the forces which bind us all to the earth. We can celebrate the free will and courage of human beings with food, song, and ritual. We will begin stirring a preparation at 4:00 pm and stir until 5:00. Anyone who wishes to stir is welcome to participate. Please bring a pint or quart container to carry preparation in and sprinkle around the garden. At 5pm, we will begin sprinkling. You are encouraged to use your same container (with lid would be helpful for transport) to collect some preparation to take home for your own garden. In this manner, we strive to nourish this piece of our planet. We will have a grill fired up for cooking or just warming up next to. Please bring a potluck dish to share, anything you wish to grill, table service for your family or group, drinks for yourself, and a container to carry prep in.

The address is 5720 SE Harney Drive. Parking is available on 57th and 58th. Call 503-777-9086 if you have questions. This is a community-wide celebration; all are welcome.

Thank you, Sharon, Dave, Dana, and Frank Parker

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Featuring an original
symphonic work,
History's Doorstep,
by Jim Papoulis
and Speech Eurythmy
of **And Death Shall
Have No Dominion**
by Dylan Thomas

**Step into the
New World**,
with a free introductory
eurythmy class presented
by the Artistic Director
and cast. See our
website for time
and location.

A talk and demonstration will take place one hour before the performance

Tuesday | September 20 | 8:00 PM

Newmark Theatre, Portland, OR

A New Art for a New World

For tickets and senior, student and group discount information go to

www.newworldtour.org

VLMNewArts Management 707-824-0655 or newarts@sonic.net