

Portland Anthroposophic Times

Newsletter of the Portland Branch of Anthroposophical Society in Portland, Oregon

www.portlandbranch.org

Volume 6.8 August 2010

THE PORTLAND BRANCH WANTS YOU! WHY COUNCIL MEMBERSHIP IS SO IMPORTANT



By Valerie Hope for
the Branch Council

Those interested in joining the Council are invited to attend the **September 14th** meeting of the Portland Branch. This meeting is open to all members and friends of the Portland Branch.

Time: 7:00pm

Place: The home of Chrystal Godleske, 1304 SE Main, Portland, 97216.

Phone: 503-816-2440

If possible please call Valerie Hope to confirm your attendance: 503-775-0778

Members of the Portland Branch Council from 9/2009 until 9/2010 are Valerie Hope, Tom Klein, Chrystal Godleske, Bob Kellum, Ruth Klein and Walter Rice (not present in the following picture)



In September, the one-year term of our current Council members will end. We are, therefore, encouraging community members to step forward to take up the important work of the Council which so enlivens our community.

While we have a rich network of ongoing study groups and activities initiated by members of our community, the Council has the important task of bringing together the community as a whole. We do this through our celebration of the festivals; quarterly members' meetings; hosting enlivening speakers and events; maintaining a website; and supporting the publication of our newsletter, the Portland Anthroposophic Times. We seek out Anthroposophical speakers and artists, as well as responding to the requests of those who would like to come to Portland. This is all in service of the Branch's Mission Statement (below), which was developed in the course of meetings in our community when the Branch was formed.

It may be helpful to give you a picture of the meetings, which are held on the second Tuesday of each month (new members may choose a different day and time). We currently open at 7pm with an Adam Bittleston verse (below), followed by a half-hour study of Rudolf Steiner's lectures, "*Awakening to Community*" (see excerpt below). This is followed by "Branch Business", which usually largely consists of planning for upcoming speakers and events, and of individuals taking up the tasks involved with organizing them. We also review events just past.

Examples of such recent events include the Embryology Conference; the Bee Conference; the August meeting with the Western Regional Council and talk on Nicodemus by member Linda Connell; John Cunningham's comparison of NVC and Philosophy of Freedom; and the quarterly members' meeting with Seth Miller who addressed the topic of alchemy, the four elements, and transition.

We may also create structure to enhance branch life, such as the Branch Website, where notices of events, newsletters, and other information are available. (www.portlandbranch.org). Tom Klein is arranging for the capacity to take orders on the website, as we will be

making the Embryology Conference DVD available online.

We end with the verse given to America by Rudolf Steiner, often known as the American Mantra (below).

I asked Ruth Klein, a long standing Council member, to share her experience. After several years she still enjoys her involvement, and doesn't look at it as a task. "We have fun, lots of laughter, and importantly, good snacks." Her purpose for being a Council member is that, "As an Anthroposophist I have always felt a responsibility to do whatever I can to bring Anthroposophy to the world, to make it available to everyone. I feel humbled by being on the Council, and privileged to work with the other

Council members. I enjoy them all and appreciate their abilities."

Ruth, an accountant and tax expert, is the treasurer, and takes pride in ensuring that the Branch's money is handled well, and that all reporting requirements are met. We have begun a small building fund, have met the \$1,000 match for the Mystery Drama Group, and have a growing fund for lighting for Eurythmy performances. Members are welcome to contribute to these causes through Ruth or at events. "If I wasn't doing it for the community, I couldn't do it," Ruth concluded.

Portland Branch Mission Statement

The members of the Portland Branch of the Anthroposophical Society freely come together out of their commitment to the spiritual science of Anthroposophy as founded by Rudolf Steiner. The branch will strive to further the life of the soul both in the individual and in human society by basing its activities on Anthroposophical ideals, with all that results from them for warmth in human relationship, and the spiritual, moral, artistic and cultural life of humanity.

Opening Verse:

Measureless the starry heights
Measureless the depths of earth,
And about us everywhere
Light receiving, warmed by wonder,
Spirits weave man's destiny.
May the shelter of this place
be a place of wakening
Peace within us, peace among us.

Adam Bittleston

The Verse for America

May our feelings reach
To our hearts inmost core
And seek to unite in Love
With people of like aims.
With those Spirits, who
Full of Grace
Look down on our earnest, heartfelt striving.
Sending Strength out of regions of Light,
Bringing Light into our Love.

*Verse given to Ralph Courtney by Rudolf Steiner
for the Threefold Group*

From Awakening to Community:

"We must make anthroposophy real by learning to be aware in anthroposophical community life that where people join in anthroposophical tasks together, there they experience their first awakening in the encounter with the

IF YOU ARE INTERESTED TO LEARN MORE ABOUT THE PORTLAND BRANCH OF THE ANTHROPOSOPIHICAL SOCIETY, PLEASE CALL DIANE RUMAGE AT (503) 908-0131.

THE PORTLAND BRANCH THANKS THE FOLLOWING MEMBERS AND FRIENDS FOR THEIR GENEROUS DONATIONS IN 2010!

James Knight	Diane Rowley	Kathryn Foubister
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Lourdes Smythe	Padeen Quinn	Sheila Wildfeuer
Valerie Hope	Samuel Bell-Stalnaker	

The *Portland Anthroposophic Times* is published twelve times a year by the Portland Branch of the Anthroposophical Society in America to serve members and friends in the wider anthroposophical community. Printed copies of the newsletter are available at the Takacs Clinic, Portland Waldorf School, Cedarwood Waldorf School, Shining Star and Swallowtail School. The newsletter and calendar are also posted on the Portland Branch website at www.portlandbranch.org.

Questions, suggestions and submissions may be sent by e-mail to anthroposophy@earthlink.net. Items selected for publication in the Portland Anthroposophic Times may be edited for style, content and length. The deadline for submissions to the *Portland Anthroposophic Times* is the first day of each month for publication in that month's edition. Submit calendar items to branchcalendar@mindspring.com no later than the first of each month for publication in the next edition.

Editor:..... James Lee
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c/o Ruth Klein at 3609 SE Center, Portland, OR 97202**

soul-spiritual element in their fellows. Human beings wake up in mutual encounter with other human beings. As each one has new experiences between his encounters with these others, and has grown a little, these awakenings take place in an ever new way as people go on meeting. The awakenings undergo a burgeoning development. When you have discovered the possibility that human souls wake up in the encounter with human souls and human spirits wake up in the encounter with human spirits, and go to anthroposophical groups with a living awareness that only now have you come awake and only now begin to grow together into an understanding of anthroposophy, and on the basis of that understanding take anthroposophical ideas into an awakened soul rather than into an everyday soul asleep to higher things, then the true spirit of community descends upon the place where you are working.....

We are firmly grounded in our understanding of things of the spirit only when we do not rest content with abstract spiritual concepts and a capacity to express them theoretically, but instead grow into a sure belief that higher beings are present with us in a community of spirit when we engage in spiritual study. No external measures can bring about anthroposophical community building. You have to call it forth from the profoundest depths of human consciousness.”

~*Rudolf Steiner*

ELECTIONS NOTICE



By Tom Klein, for the Portland Branch Council:

I am writing on behalf of the Council of Trustees for the Portland Branch of the Anthroposophical Society to lay out in advance how the election of the new council will be run. See the calendar that is part of

this newsletter for place and time of the election.

The election of the Council of Trustees is laid out in the bylaws of the Portland Branch. In order to be elected you must be a member of the branch. “Members of the Council of Trustees must be members of the Corporation.” (ARTICLE V, Section 2.) Members of the Corporation are also defined in the bylaws as members of the Anthroposophic Society of America and having paid dues to the branch. (ARTICLE IV Section 1. Any member of the Anthroposophical Society in America,

Inc. or any member at large of the General Anthroposophic Society, may upon the payment of dues to the Portland Branch of the Anthroposophic Society become a member of the Portland Branch of the Anthroposophic Society Inc.).

Likewise, voters must be members of the Portland Branch. In order to be elected, candidates must garner two-thirds of the votes cast by those members present at the annual meeting. (ARTICLE V, Section 2... In order to be seated as a member of the Council of Trustees candidates must receive a two-thirds majority of the votes cast.)

We will produce a ballot with all the candidates listed. Members will be asked to vote yea or nay for each candidate. If there are less than four members elected the vacancies shall be filled according to ARTICLE V, Section 7 “Vacancies in the Council of Trustees may be filled by the membership at a special meeting. If the membership of the Council of trustees falls below four the Council of Trustees must call a special meeting of the members to select new Council members in accordance with Article IV Section 2.”

Anyone who has an interest in a position on the Council should contact me, to submit their name and a short-bio or statement of interest. We would really like to have these returned by August 30th. Anyone may also nominate another member for a position but PLEASE discuss this with the nominee first. I can be reached by email at tgklein@aol.com, or in writing at, 3609 SE Center Street Portland, OR 97202.

These procedures should make for an orderly and legal election. We look forward to seeing all of you at the annual meeting.

**COME TO THE ELECTION ON
9/14, HAVE FUN, AND THROW
YOUR HAT INTO THE RING.**



THE DESTINY OF THE I IN THE AGE OF THE ETHERIC CHRIST

Each year the executive council of the General Anthroposophical Society at the Goetheanum provides a theme for study in the year beginning at Easter tide. The following is a translation from the German of this year's article by Sergei O. Prokofieff. This article along with past Themes of the Year can be found on the Portland Branch website at www.PortlandBranch.org.

Every person who begins the study of anthroposophy soon notices that at its heart stands the Mystery of the Human I. This central question of anthroposophical Christology is likewise among the most important questions of all anthroposophy.

I Organization

In his book *The Threshold of the Spiritual World* Rudolf Steiner gives a most concise yet strikingly differentiated description of what in later lectures he calls the "I Organization" of the human being. The book's chapters are divided into three parts, each followed by a "summary of the preceding." Thus a clear three-stage structure is presented and at each stage one aspect of the human I organization is mentioned:

"the human being as independent entity (I)";

"the human being's 'other self' which is brought to expression through repeated lives on earth"—which according to this definition corresponds to the higher I;¹ and "the 'true I,'" which forms the real core of the human spirit.

The present time is distinguished spiritually by the great event of the appearance of the Christ in etheric form on the astral plane. From this, and from the existential relationship of the Christ to the human I, there arises the question of His relationship with the three-part I organization of the human being. Through the Mystery of Golgotha a crucial alteration is accomplished for the earthly I. Since that event, human beings have had the ability to bring I consciousness with them into the spiritual world, and so to engage this spiritual world in full awareness.² But to be able to accomplish this, humanity had to await the full development of the consciousness soul and the elaboration and justification of the science of mind-and-spirit* which addresses the earthly I. In this earthly I, human intellectuality also takes root. Today, following the modern path of development, this intellectuality, in the form of pure thought, can be raised up together with the I

consciousness into the spiritual world, where the meeting takes place with the etheric Christ.

This process goes hand in hand with the spiritualization of the earthly I. Rudolf Steiner describes it this way: "Progress is accomplished only when the human being develops heightened intellectuality not just for its own sake, but also bears it up into the astral world. The etherically visible Christ can and will come to meet human beings who have advanced in this sense, through just such an intellectual clairvoyance. He will do so more often and more distinctly in the course of the next three thousand years."³ The raising-up of the spiritualized intellect into the astral world, in order there to meet the etheric Christ wakefully, by means of the clairvoyance in thought—this is the most important deed which the earthly I can accomplish in our time.

Two currents of ether

Rudolf Steiner described an important aspect of this process in his lecture on the etherization of the blood. There he speaks of two etheric streams that rise from the heart to the head, in order to connect the human being with the surrounding spiritual world.

The first stream consists of etherized human blood. In it the "intellectual element" rises from below upwards. The second stream consists of the etherized blood of the Christ that flows, since the Mystery of Golgotha, in every human heart.

At first these two streams flow parallel to each other. But their coming together is the crucial precondition for beholding the etheric Christ. And how do they come together? Rudolf Steiner gives a surprising answer: the coming together happens when human beings are willing to take the new understanding of Christ up into the soul, and to bring it to life in themselves. In other words, it takes place through the study of the science of the mind-and-spirit,* a study which activates not only the head, but above all the heart, as a new organ for attaining knowledge (see the previous theme of the year).

The future

The etheric revelation of the Christ will unfold over some three thousand years, starting from the 20th century. It is, however, part of a still greater context. This includes two future and still higher revelations of the Christ: His appearance in the astral body in lower Devachan, and still later a great revelation of His I being in the higher spiritual world.⁴

Consider that, according to the above-mentioned book, the environment of the “other self” (higher I) is the spiritual world, and the environment of the true I is the higher spiritual world; elsewhere Rudolf Steiner spoke of them as lower and higher Devachan.⁵ From this we can see a direct relationship between the two future revelations of the Christ and the higher I and true I of the human being, just as the Christ’s present appearance is connected with the spiritualization of the earthly I.

From the foregoing it is clear how the evolution of the human I—as the purpose of the Earth—and the ever-higher revelations of the Christ are inextricably linked. To take this into our I consciousness and to further cultivate it in our soul—this is already the beginning of the path which can lead the human being of today to the Christ. | Sergei O. Prokofiev

Translation by John Beck, editor of *Evolving News for Members and Friends*.

***Translator’s note:** The word Geisteswissenschaft is usually translated “spiritual science” or “science of the spirit” in anthroposophy, or as “the humanities” in general usage. In this particular context where both intellectuality and spiritual being are in question, it seemed desirable to us the expanded phrase “science of the mind-and-spirit” in order to suggest its fuller significance in the German language.

Notes:

1. Rudolf Steiner spoke at length about the relationship of the earthly I to the higher I in his Bologna lecture (see recommended reading).
2. Rudolf Steiner: *The Gospel of Matthew* (GA 123), lecture of 9 September 1910.
3. Ibid.: *Esoteric Christianity and the Spiritual Guidance of Humanity* (GA 130), lecture of 18 November 1911.
4. Ibid.
5. See the final chapter in Rudolf Steiner: *The Threshold of the Spiritual World* (GA 17): “Remarks on the relationship of what is said in this document to the presentation in my *Theosophy and Occult Science*.”

Recommended Reading:

In English:

- ❖ Rudolf Steiner, *The Threshold of the Spiritual World* (GA 17) in *A Way of Self-Knowledge and The Threshold of the Spiritual World*. Great Barrington: SteinerBooks, 2006.
- ❖ Rudolf Steiner, *The Etherization of the Blood* (lecture of October 1, 1911) in *The Reappearance of the Christ in the Etheric*. Great Barrington: Anthroposophic Press, 1983.

In German:

- ❖ Rudolf Steiner, *Das gespiegelte Ich. Der Bologna-Vortrag—Die philosophischen Grundlagen der Anthroposophie*. [The mirrored I. The Bologna lecture—The philosophical foundations of anthroposophy]. Dornach: Rudolf Steiner Verlag, 2007. Also in *Philosophie und Anthroposophie. Gesammelte Aufsätze 1904–1923* [Philosophy and anthroposophy. Collected essays 1904–1923] (GA 35).
- ❖ Wolf-Ulrich Klünker, *Anthroposophie als Ich-Berührung* [Anthroposophy as contact with the I]. Dornach, 2010.
- ❖ Sergei O. Prokofieff, *Das Rätsel des menschlichen Ich*. [The riddle of the human I]. Dornach, 2010.

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Portland Anthroposophical Society Calendar - August 2010

Ongoing Events and Study Groups

Anthroposophical Course for Young Doctors Study Group

Once a month on the 1st Wednesday at the Pohala Clinic, 12050 SE Holgate Blvd. 7-8:30 PM. Contact Julie Foster by phone at (503) 572-4196 or by e-mail at julie@pohalaclinic.com.

Karma Exercises and Study

The study group has just completed its multi-year work with the entire *Karmic Relationships* lecture cycle, and is now starting to work with Rudolf Steiner's karma exercises on the first and third Thursday of each month. Call James Lee for information 503 249-3804 or e-mail him at anthroposophy@earthlink.net.

Mystery Dramas, with Speech-Formation Exercises

On the second and fourth Wednesdays each month, 7:30 - 9:00 PM, in SW Portland. Currently working on the 2nd *Mystery Drama* by Rudolf Steiner, *The Soul's Probation*. No acting experience necessary, just a love of the Word. Contact Diane Ramage by e-mail at drumage@comcast.net or by phone at (503) 908-0131 for information.

Portland Waldorf School Community Choir

Every Friday morning from 8:45 - 10:15 am (at the Portland Waldorf School, 2300 SE Harrison Street, Milwaukie) in the Orchard room, whenever school is in session. Anyone in- and outside the PWS community who enjoys singing songs through the seasons, across the centuries and around the world is very welcome, including drop ins. This event is free and a community builder. More information: Marion Van Namen (503) 956-4046.

Portland Youth Discussion Group

We invite you to join some of the young, and young-at-heart, members of our community for an ongoing potluck/study group. We are considering working with *Knowledge of Higher Worlds*, to renew our understanding of this key work (other possibilities exist). We welcome new people who are open to exploring spiritual science, asking

questions, discussing topics that sometimes get overlooked in other groups, and trying to keep Anthroposophy as fresh, relevant, and living as possible. We meet Sunday evenings, twice a month to share a potluck dinner, practical/artistic activity, and conversation. For more information, please contact Angelica Hesse at 503-238-0055 or swingsprite@gmail.com.

Spiritual Psychology Study Group

Working with the Steiner text, *Psychology of Body, Soul and Spirit*, we meet the second and fourth Tuesday of the month, 7:30 PM - 9:00 PM. Call Cheri Munske for more info: 503-484-4133.

Waldorf Education and Teacher Training

Lectures and courses conducted throughout the year by the Micha-el Institute. Contact John Miles at 503/774-4946. johncmiles@usa.net.

SATURDAY SUMMER FUN THE WESTERN REGIONAL COUNCIL IS COMING FOR A VISIT

SATURDAY, AUGUST 21ST AT 5:00 PM

You are invited to join us for a potluck and conversation about the life of Anthroposophy in Portland – and in your life – with members of the Western Regional Council. Linda Connell, Council Member from Los Angeles, will follow this with a presentation: Who is Nicodemus, who “came to Jesus by night?” What was his role in the Easter events, and what became of him afterwards? Nicodemus was one of the many significant personalities surrounding the Christ at his Crucifixion. Linda will share what is known about this mysterious figure from scholarly sources in the light of Rudolf Steiner's work. Suggested donation for the lecture is \$10. No one will be turned away.

Time: Potluck 5:00 pm, Lecture 6:30 pm

Place: The Hope's 2606 SE 58th (one block south of Bothmer Hall). The lecture will be moved to Bothmer if we have an overflow crowd.

Upcoming Events

Tuesday, AUGUST 10

Portland Branch Council Meeting

7 PM – 8PM study of the theme of the year followed by a business meeting at the home of Chrystal Godleske, 1304 SE Main Street, Portland, OR 97214. Phone 503-816-2440. All Branch members are welcome to attend.

AUGUST 21

Nicodemus

Time 5:00 PM at the Hope's 2606 SE 58th (one block south of Bothmer Hall). Meeting and potluck with the members of Western Regional Council, followed at 6:30 PM by a talk about Nicodemus by Linda Connell. The lecture will be moved to Bothmer if we have an overflow crowd.

Who is Nicodemus, who “came to Jesus by night?” What was his role in the Easter events, and what became of him afterwards? Nicodemus was just one of the many significant personalities surrounding the Christ at his Crucifixion. Linda Connell will share what is known about this mysterious figure from scholarly sources in the light of the work of Rudolf Steiner.

AUGUST 26

Micha-el Institute - Summer Conferences

Foundation Conference: See website for details, www.Micha-elInstitute.com, held at the Micha-el School, 5239 SE Woodstock Blvd, Portland OR 97206. Contact 503 774-4946 or email johncmiles@usa.net.

Sunday, SEPTEMBER 12

First Class of the School of Spiritual Science

Bothmer Hall, Blue card required – Discussion on Lesson 5 at 8:30 AM, class at 9:30 AM sharp. Lesson 6. Please contact Diane Ramage at (503) 908-0131.

SEPTEMBER 14

Portland Branch Council Meeting

7 PM – 8PM study of the theme of the year followed by a business meeting at the home of Chrystal Godleske, 1304 SE Main Street, Portland, OR 97214. Phone 503-816-2440 All Branch members are welcome to attend.

SEPTEMBER 17 and 18

Anthroposophy through the Cycle of Life

In Sandpoint ID with Don Melcer. How can we form a more comprehensive view of material and spiritual life? We are all "beginners" in this endeavor. This weekend we will explore how knowledge and practice of anthroposophical concepts can lead to self-development and a clearer awareness of our purpose in life. Dr. Don Melcer is a licensed psychologist and brings a wealth of knowledge and life experience to the subject of our weekend. Donations at the door. If you want to go and know more, please contact Michael Pinchera thestarpainter@gmail.com or (208) 265-2200.

FEBRUARY 18- 20, 2011

Polarities

Light and dark, straight and curved, big and small, life and death, our world is filled with polarities. A course exploring polarity and the space between, with Laura Summer, cofounder of the Free Columbia Art Course. www.freecolumbia.org, www.laurasummer.com. Location and details TBA. Contact patriciahomanlynch@gmail.com

The Mystery Drama Group has openings for all who are interested in drama and speech work.

E-mail Diane if you are interested in trying out for the Mystery Drama Group.

drumage@comcast.net



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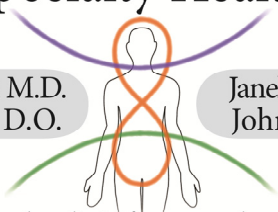
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